# **COVID 19: FACTS AND FICTION**

## **ONLINE INTERNATIONAL PANEL DISCUSSION**



Organized by



## ST. JOSEPH'S TRAINING COLLEGE MANNANAM

In collaboration with

## TITUS II TEACHERS COLLEGE THIRUVALLA



**RESOURCE PERSONS** 



**Dr. Renjin R. P.**(Associate professor of Surgery & RMO, MCH, Kottayam)

**Dr. Bibin P. Mathew** (Secretary, IMA, Kottayam)





**Dr. Harikrishnan V.G.** (Asst. Professor, Dept. of Infectious disease, MCH, Kottayam)

Dr. Balu K. Chacko (Scientist, University of Alabama, Burmingham, U.S.A.)





**Dr. Benny P. V.** (HOD, Community Medicine, Gokulam Medical College, TVM.)

Dr. Preethy Mary Abraham (Medical officer, Homoeopathy, AYUSH N.H.M, Kunnamthanam, Thiruvalla)





Dr. Indu Chandrasekharan (Internal Medicine specialist, HOD of Medicine, Jeddah National Hospital, Saudi Arabia)

**INAUGURAL ADDRESS** 





## DISCUSSION Themes

Different patterns of symptoms of Covid-19 positive patients
Chronic diseases and their relationship with Covid-19
Precautions to be taken by patients of Chronic diseases during
the pandemic

Removing Fear Psychosis from the masses

Immunity Boosters: Reality Check

Herd Immunity: Fact or fiction

Post Covid-19 lifestyle for patients who recovered from the

disease

Are masks life savers?

Coping with increasing mental health issues

Resilience in pandemic times

Prospects and challenges of telemedicine during the pandemic

and after

Increased digitalisation and associated health risks Use of Artificial Intelligence for healthcare and support systems

Using Big Data to monitor, model, predict and track the

pandemic

Futuristic health care systems for

post Covid 19 era

Public health care system-

a panacea for the pandemic times

Risks and challenges of

critical healthcare workers.



Dr. Varghese K. Cheriyan



Dr. Anita Mathai



Fr. Dr. Sibichen Kalarickal

### INVITATION

Sir/Madam,

St. Joseph's Trainining College, Mannanam in collaboration with Titus II Teachers College, Thiruvalla is highly honoured to invite you to an online International Panel Discussion on

'Covid 19: Facts and Fictions on September 10, 2020.

Your scholarly participation is highly appreciated.

Dr. Varghese K. Cheriyan (Principal,

St. Joseph's Training College)

**Dr. Praveena Gopinath** (Joint Co ordinator)

Thanking You

Dr. Anita Mathai (Principal,

Titus II Teachers College)

Dr.Ronu Thomas

( IQAC Co ordinator, St.Joseph's Training College) Fr. Dr. Sibichen Kalarickal (Co-ordinator)

**Dr.Sunila Thomas** 

(IQAC Co ordinator, Titus II Teachers College)

#### ABOUT THE PANEL DISCUSSION

'Health is wealth' has been the age-old adage. Yet, a pandemic taught us that lesson like no other. All humanity learned that everything else can stay when our very lives are at risk. Since the outbreak of the Covid 19 pandemic the world has come to a standstill. People's lives have been disrupted like never before. Healthcare systems around the world have been working in frenzy round the clock to combat the situation. The strength and resilience of the healthcare systems around the world have been put to test. Healthcare professionals are trying to adapt to overwhelming challenges, that too at a staggering pace. Mankind is going through enormous mental stress and fear. In this context, we plan to organise a panel discussion of healthcare experts from around the world to throw light on various nuances of the issue at hand and bring some order and peace in the minds of the community by delivering expert guidance and direction which we are in need of as half-truth is sold at a high prize everywhere.

#### St. Joseph's Training College

St. Joseph's Training College, a premier teacher-education institution established in 1957, is a nurturing ground for the professional development of the teacher-trainees through an earnest academic pursuit for excellence. Being inspired by Blessed Kuriakose Elias Chavara, the founder of Carmelites of Mary Immaculate, who championed the cause of the poor and the marginalized, the Josephine community strives to transform and develop the society to the liberative values which Jesus, the Guru, stood for. The college functions with the vision to nurture teachers who are globally competent who shall promote democratic and spiritual values to create a just and humane society. The college stands for academic excellence, good discipline, development of skills, and character formation based on the love of God and the service of mankind as modelled in the person of Jesus Christ.

### Titus II Teachers College

Titus II Teachers college, Thiruvalla established in 1957 under the established in 1957. The College is run by the Mar Thoma Syrian Church and is dedicated to the revered memory of His Grace The Most Rev. Titus II Metropolitan. Affiliated to the Mahathma Gandhi University, the college over the past 6 decades till date has been inspiring learners to become adept as teachers humane as individuals. The path towards illumination as its motto 'Lighted to lighten' declares, is set against the backdrop of dispelling ignorance, insensitivity, immobility and injustice. The college functions with the mission of imparting education to develop wholesome personality among its students with moral, civic, and human-rights consciousness.

### Who can participate?

Teacher educators

Student teachers

O Teaching fraternity from all schools and colleges

O Medical professionals and healthcare experts

Date: September 10, 2020

Time: 10.00 a.m. (IST)

Link will be sent to your Whatsapp account or email after you send us the filled in application form in the given link