

## Faculty Achievements...

### Mrs. LATHA JOSEPH



Principal Investigator: UGC funded Minor Research Project on 'Efficacy of an Intervention Programme for Developing Syntactic skills in English of Graduate Teacher Trainees of Kottayam District.'

### Mrs. RONU THOMAS



Principal Investigator: UGC funded Minor Research Project on 'Learning Disability: Role, Identification and Intervention'

### Dr. SHAIJU FRANCIS



Awarded Ph.D. in Education on the topic 'Emotional maturity, Multiple Intelligence and Academic Achievement of Jawahar Navodaya School students, M.S. University, Thirunelvely in April 2015.

Co-ordinator: Workshop on revised two year B.Ed. curriculum of Mahatma Gandhi University held at St. Joseph's Training College, Mannanam.

Secretary of All Kerala Training College Teachers' Association (AKTCTA).

### Dr. ANISHA V. GOPALAKRISHNAN



Co-ordinator, UGC sponsored national level seminar on 'Proactive Stress Coping Strategies for Developing Mental Well Being' organized on 9<sup>th</sup> & 10<sup>th</sup> January 2015.

Co-investigator of the UGC funded Major Research Project on 'Developing and Finding out the Effectiveness of Proactive Stress Coping Strategies through Cooperative Learning Method among Higher Secondary Teachers and Students of Kerala State: An Experimental Study'. The study was completed on 31<sup>st</sup> March 2015.

### Mrs. SUNITHA SUSAN JOSE



IQAC Co-ordinator during the Peer Team visit in August 2014.



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# Josephine Newsletter

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## Principal's Message



Dr. Varghese K. Cheriyan

I am extremely happy in releasing the annual newsletter, highlighting the activities of the college of the academic year 2014-2015. St. Joseph's Training College, Mannanam was established in a tradition of excellence that assures the realization of vision and mission of the college. We educate to nurture teachers who are globally competent who shall promote democratic and spiritual values to create a just and humane society. The laudable exercise of the students and staff of this institution has already brought laurels in the name of 'A' grade in NAAC accreditation. I congratulate the staff and students for this achievement. I wish that everyone continues their untiring efforts not only to retain this standard but to grow to

further high standards. As a premier teacher education institution, we have always tried our best to reach out and render a helping hand in the varying needs of the teaching community. I am delighted to know that our college newsletter carries the campus news and the achievements of our staff and students, who earn credits for the institution. On this gracious occasion, I wish all the best to those who are responsible for bringing out this News Letter. I am sure that publishing a newsletter of this sort containing the achievements of the wards will be a recognition to them and I wish them all the very best for their future endeavors.

**Dr. Varghese K. Cheriyan**



## NAAC PEER TEAM VISIT

We proudly remember the Peer team visit held on 29th and 30th of August 2014, as part of the third cycle of re-accreditation by NAAC. The Peer team comprised of the Chairperson, Prof. S.Mohan, former Director and Dean of Education, Alagappa University, Member Co - ordinator, Prof. S.M. Pany, former Principal, Regional Institute of Advanced Studies, Cuttack and Member, Dr.(Mrs.) Mintu Sinha, Principal, Bombay Teachers Training College. We are happy to declare that we have achieved the status of 'A' grade.

We had submitted the Re-Accreditation Report (RAR) for the 3<sup>rd</sup> cycle of assessment and accreditation in December 2013. The preparation of the RAR and the arrangement of Peer Team visit were done under the able leadership of NAAC Coordinator Rev. Dr. Sibichen and the IQAC Coordinator Mrs. Sunitha Susan Jose. With the steadfast support of the management and the unparalleled efforts by the staff and students, they could lead the institution forward in its path of excellence.



## Faculty Achievements...



**Dr. VARGHESE K. CHERIYAN**

Senate Member, Mahatma Gandhi University, Kottayam  
Joint Secretary of Principal's Council of Training Colleges in Kerala  
Research Guide in Bharatiyar University, Coimbatore



**Fr. Dr. THOMAS P.J.**

Principal Investigator: UGC funded Major Research Project on the topic 'Preparation, Execution and Analysis of reflective journal for pre-service student teachers at secondary level'.

Co-ordinator: Two-day UGC Sponsored National Level Seminar on 'Education for Liberation: Contributions of Swami Vivekanada' organized on 06<sup>th</sup> and 07<sup>th</sup> February 2015.

Research Guide in Bharatiyar University, Coimbatore



**Dr. K. M. BENNY**

Co-ordinator: Two-day UGC Sponsored National Seminar on Scientific Excellence of Yoga: A Multi-Sectoral Dialogue held on 6<sup>th</sup> and 7<sup>th</sup> March 2015.

Co-ordinator: Ninth Inter-training Collegiate Athletic Meet, Nehru Stadium, Kottayam



**Dr. TESSY JOSEPH KALLARAKAL**

Co-investigator: UGC funded Major Research Project on the topic 'Preparation, Execution and Analysis of Reflective Journal for Pre-service Student Teachers at Secondary Level'.



**Fr. Dr. SIBICHEN K.K.**

NAAC Co-ordinator during NAAC Peer Team visit in August, 2014.

Principal Investigator of the UGC funded Major Research Project on 'Developing and Finding out the Effectiveness of Proactive Stress Coping Strategies through Cooperative Learning Method among Higher Secondary Teachers and Students of Kerala State: An Experimental Study'. The study was completed on 31<sup>st</sup> March 2015.

Co-ordinator: Saint Chavara Lecture Series, 2015

Member, B.Ed. Syllabus Revision Committee, Mahatma Gandhi University, Kottayam

Member, Board of Studies, Mahatma Gandhi University, Kottayam

Co-ordinator: Kavitha Padana Kalary, Vylloppilly Samskrithy Bhavan, Govt. of Kerala.

# Reaching Out to the Needy...

The vision of the institution is 'to nurture teachers who are globally competent, who shall promote democratic and spiritual values to create a just and humane society'. In keeping with its vision, the teacher education process in the institution is never complete without its social extension activities. The Social Extension Cell of the college took initiative to provide opportunities for students of the institutions to experience selfless social service. Students of different optional subjects visited various institutions as part of extension activities. Together they raised Rs.12000/- which was donated to the institutions they visited. They also donated clothes and staged entertainment programmes for the inmates.

English	Abro Bhavan Athirampuzha,
Mathematics	Providence Home, Gandhinagar
Natural Science	Navajeevan, Villoonni
Physical Science	Abhaya Bhavan, Neendoor
Social Science	Anugraha - a special school for mentally retarded, Kottackapuram
M.Ed.	Karunalayam, Athirampuzha

Our students also offered free tuition to the inmates of Children's Home, Thiruvanchoor. It was an ennobling experience for all involved.

The SUPW materials prepared by students were distributed to the neighbouring schools for supplying it to the needy. The practice teaching materials prepared by students were also distributed to the respective schools.



## U.G.C. Sponsored National Level Seminar PROACTIVE STRESS COPING STRATEGIES FOR DEVELOPING MENTAL WELL BEING

A UGC Sponsored National Level Seminar Proactive Stress Coping Strategies for Developing Mental Well Being was organized on 9<sup>th</sup> & 10<sup>th</sup> January 2015. Dr. Jose Joseph, Prof. & Head, Dept. of Community Medicine, Govt. Medical College, Alappuzha inaugurated the seminar. Dr. Meenakshy Ramachandran, Principal, Christ College, Vizhinjam, Dr. T.C. Thankachan, Asst. Professor, St. Thomas College of Teacher Education, Pala, Dr. Maya S., Asst. Professor in Education, Mar Theophilus Training College, Trivandrum, Dr. K. Gireesh, Clinical Psychologist, Govt. Mental Health Centre, Trivandrum, Prof. Dr. Fr. Baby Joseph CMI, Director, PI(CSIR), IRC-Dept. of Bio-technolgy, Malankara Catholic College, Kanyakumari, T.N. were the resource persons.

## U.G.C. SPONSORED NATIONAL LEVEL SEMINAR Education for Liberation: Contributions of Swami Vivekananda

A two-day UGC Sponsored National Level Seminar on Education for Liberation: Contributions of Swami Vivekananda was organized on 06<sup>th</sup> and 07<sup>th</sup> February 2015 . Mr. Rahul Easwar, Philosophy Author & Activist Kerala State Youth Commission (State Co-ordinator), Dr. Jose C.C., Professor, Dept. of History Christ University, Bangalore, Dr. Varghese K. Cheriyan, Principal, St. Joseph's Training College, Mannanam, Dr. James Manimala, Former H.O.D., Dept. of Malayalam, S.B. College, Changanacherry were the resource persons.



## Two-day UGC Sponsored National Seminar on Scientific Excellence of Yoga: A Multi-Sectoral Dialogue

A Two-day UGC Sponsored National Seminar on Scientific Excellence of Yoga: A Multi-Sectoral Dialogue was held on 6<sup>th</sup> and 7<sup>th</sup> March 2015. Dr. R. Vijayakumar, Director of College Development Council, (DCDC) M.G. University, Kottayam inaugurated the seminar. **Fr. Dr. Sibichen K.K.**, President, AKTCTA presided over the function. Swami Bhadreshananda, Adhyaksha, Kochi Branch Ramakrishna Mission, Yogiraj Dr. Toms Abraham

Director, Yuvatha School of Yoga, Kumarakom, Dr. A. John, Rtd. Professor, Karmela Rani Training College, Kollam & HOD, St. Joseph's Training College, Mannanam and Dr. T. V. Muralivallabhan, Yoga Specialist, Academic Co-ordinator, Sree Ramakrishna Math, Arunapuram, Pala & Former Principal of NSS College, Vazhoor were the resource persons.



A talk on “**Cyber Crimes**” was conducted on 13<sup>th</sup> March 2014 under the auspices of Women Cell of the college. Sri. Jacob Job IPS was the resource person.

A seminar on “**Water Conservation and Environmental Education**” co-sponsored by WWF was organized on 14<sup>th</sup> March 2014.

A seminar on “**Counseling Techniques**” was organized on 31<sup>st</sup> May 2014. Fr. Leju Thekkekkalam, Counselor and Fr. Johnson, K.E. College were the resource persons.

As part of the **Environment Day** (June 5, 2014), college union organised an online photography exhibition. Malayala Manorama provided the photographs to conduct such an online exhibition.

“**Reading Day**” was celebrated on 19th June 2014 by preparing a beautiful poster which contained students’ writings regarding their favorite book and favorite writer.

An awareness programme on “**Dengue Fever**” sponsored by Department of Health Services was organized on 18<sup>th</sup> August 2014.

**Teachers Day** was celebrated on 04<sup>th</sup> September 2014. Students took initiative to handle classes (both optional and general classes) in the forenoon session. A formal meeting was held in the afternoon session where faculty shared their teaching experiences.

A talk on “**Human Rights and Democracy**” by Justice K.T. Thomas was held at Snehavani on 30<sup>th</sup> November 2014.

**The Human Rights Day** was observed on 10th December 2014 by conducting a rally in which the students expressed their views on placards. A talk on Human Rights was delivered by Mr. Subash, Addl. District Magistrate, Kottayam on the occasion.

The Film and Documentary club took initiative to make a short film titled ‘Push Pull’ in association with college union. The film was short listed in a film festival conducted by Chavara Cultural Centre, Ernakulam.

As part of international **Women’s Day** celebrations, the Women’s Club of the college organized a talk on, ‘Women Empowerment in Modern Times’ by Mrs. Leenamma Chirayil, Head, Department of English, Kuriakose Elias College, Mannanam on March 8<sup>th</sup> 2015.





# Indelible Moments...

## Arts Fest

The Arts Fest was organized on 7th September 2014 with competitions in various arts and literary events. The students actively participated in the house-wise competitions and White house won the championship in the arts competitions Joseph Joy and Mereena Eapen were declared as Kalaprathipha and Kalathilakam respectively.

## Onam celebration

Onam Celebration was held on 21st August 2015. Prof. Mathew Ulakamthara, Retired Professor, Department of Malayalam, S.H. College, Thevara and veteran literary scholar was the chief guest of the day after a handful of games and other spirited competitions, a sumptuous 'Onasadhya' was shared by all.

## Christmas Celebration

Christmas celebrations were held on 19th December 2014. Dr. J. Prameela Devi, Member, Women's Commission was the chief guest on the occasion. Christmas papa, Christmas carols, stars, cribs and cakes all invoked the jubilation of the festive season.

## Sports Day

The 59<sup>th</sup> Annual Sports Meet was held at St. Ephrem's School Ground on February 27<sup>th</sup> 2015. Fr. James Mullassery CMI, Principal, K.E. English medium School, Mannanam inaugurated the meet. Students grouped into different houses actively competed in various events. Noble Mathew and Johnson Joseph shared the individual championship among men. Asha V. Nair won the individual championship among women.

## College Day

The 57th College Day was celebrated on 8th October 2014. On the occasion Dr. Babu Sebastian Hon'ble Vice-Chancellor of M.G. University, Kottayam delivered the valedictory message. Rev. Fr. Sebastian Chamathara CMI, our manager presided the meeting. Dr. Varghese K. Cheriyan, our principal presented the principal's report of the academic year 2013-14 highlighting the major achievements of the institution.



## Ninth Inter Training Collegiate Athletic Meet

The Inter Training Collegiate Athletic Meet, initiated since our Golden Jubilee Year, 2007 continues as a flagship event of the institution. The 9<sup>th</sup> Inter Training Collegiate Athletic Meet was organized by St. Joseph's Training College, Mannanam on 21<sup>st</sup> March 2015 at Nehru Stadium, Kottayam with the enthusiastic participation of various teacher education institutions affiliated to Mahatma Gandhi University, Kottayam. After a colourful march past, Shri. Thiruvanchoor Radhakrishnan, Hon'ble Sports, Transport & Forest Minister inaugurated the meet. Our Manager Rev. Fr. Sebastian Chamathara CMI presided the opening ceremony. At the end of a day of zealous competitions in the spirit of true sportsmanship, the meet came to an end with the prize distribution ceremony. Shri. K.R.G. Varier, Municipal Chairman, Kottayam and Rev. Fr. James Mullassery CMI, Principal, K.E. English Medium School, Mannanam distributed the trophies and prizes to the winners.

Overall champion team: M.G. University Centre for Teacher Education, Nedumkandam.

Runners-up team: St. Joseph's Training College, Mannanam and St. Thomas College of Teacher Education, Mylacombu, Thodupuzha.

Men's overall champion: St. Joseph's Training College, Mannanam.

Women's overall champion: M.G. University Centre for Teacher Education, Nedumkandam.

Individual champions among men: Noble Mathew, St. Joseph's Training College, Mannanam

Individual champions among women: Anju Joseph, M.G. University Centre for Teacher Education, Nedumkandam.

March Past: First prize was bagged by M.G. University Centre for Teacher Education, Nedumkandam; Second prize was secured by Titus II Teachers College, Thiruvalla and third prize was secured by St. Xavier's Training College for Women, Aluva.



# Moments of Spiritual Euphoria....

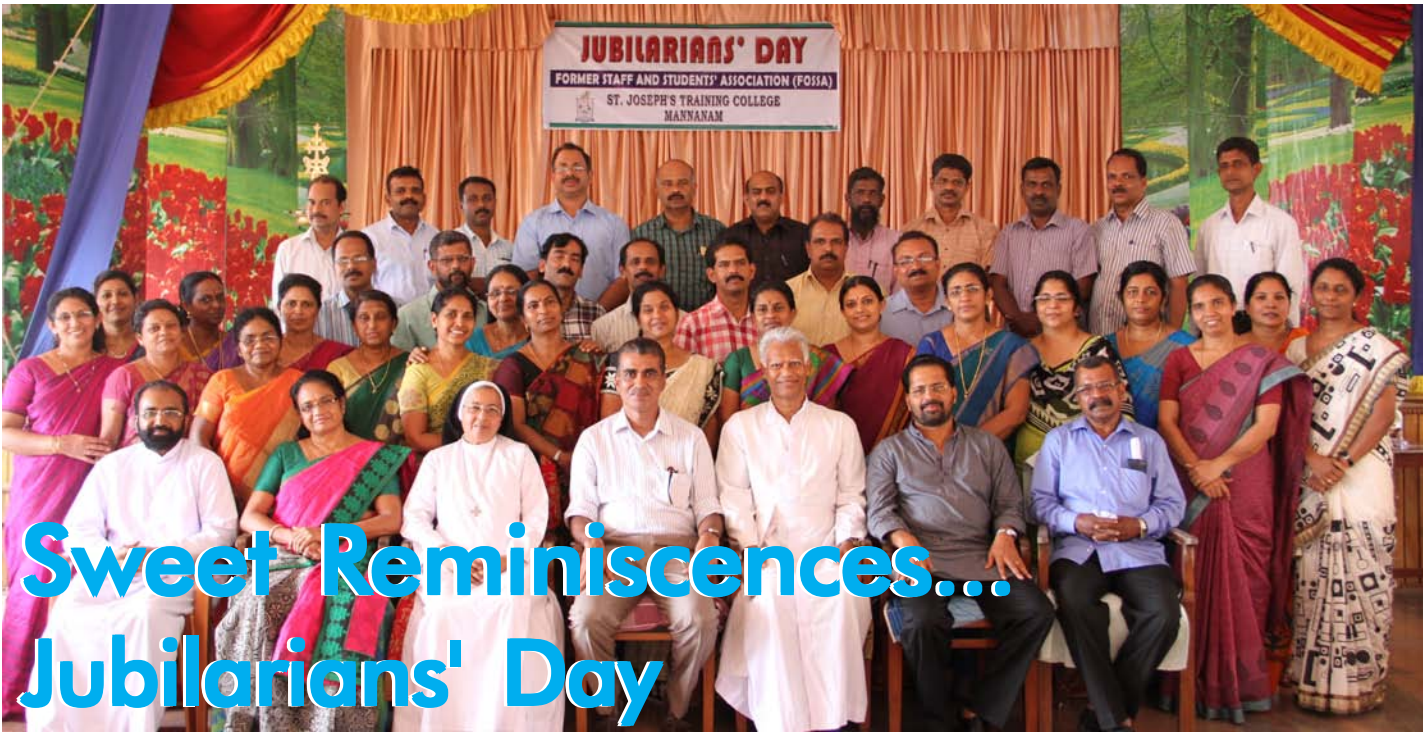
Our founder St. Chavara Kuriakose Elias was elevated to sainthood on 23<sup>rd</sup> November 2014. The canonization process which began in 1955 came to a rapturous finale on the day. Along with the Catholic Church, it was an hour of great ecstasy for each one of us in the institution.

## Chavara Year Celebrations

Preparing ourselves for the grand moment we inaugurated the Chavara Year celebration in our college on 1<sup>st</sup> October, 2014. Commemorating the great soul who dedicated his whole life to be 'the light on the hills', who showed the way for millions in darkness, we solemnly brought light from the tomb of Bl. Chavara to symbolically illuminate our minds.

## St. Chavara Lecture Series

Saint Chavara Lecture Series initiated in 2013 is a collaborative effort of two prestigious teacher education institutions, viz., St. Joseph's Training College, Mannanam and St. Joseph College of Teacher Education for Women, Ernakulam under CMI and CMC managements respectively. In this year of celebrations we organized a lecture on St. Chavara's Life and Literary Genius by the Literary scholar Mr. B.R. Prasad on February 10<sup>th</sup> 2015. Along with the College Principal, Dr. Sr. Vimala CMC, the staff and students of St. Joseph College of Teacher Education for Women, Ernakulam were our special invitees on the day. Variety entertainments by students from both the colleges added colour to the festivities.



# Sweet Reminiscences... Jubilarians' Day

Every year since our Golden Jubilee in 2007, we have specially invited and honoured our students who celebrate the golden and silver jubilee as the alumni of this college. This year, on March 7<sup>th</sup> 2015 the students of the 1964-65 batch were invited as golden jubilarians and students of the 1989-90 batch were invited as the silver jubilarians. Former teaching and administrative staff members also graced the occasion with much joy and care in their hearts. All the jubilarians were gifted with mementoes. The institution lent its years to the aged wisdom of its golden jubilarians and to the multitudinal experiences of the silver jubilarians who are its flagbearers in the myriad walks of life. The gathering came to an end with a sumptuous meal.

## Alumni Day

The annual meet of the Former Staff and Students Association (FOSSA) was held on December 13, 2014 in the college auditorium. Mr. N.J. John President, FOSSA presided over the meeting. Former staff and students met and revived their old memories. They also shared experiences and provided suggestions for future. It was a heart warming experience for the institution. The meet came to an end with a grand dinner.

