



The 7th Inter Training Collegiate Athletic Meet was organized by St. Joseph's Training College, Mannanam on 16th February 2013 at Nehru Stadium, Kottayam. The opening ceremony started at 9 a.m. with a colourful march past. Twenty six training colleges, affiliated to M.G. University participated in the meet. The meet started with the welcome speech by Dr. Varghese K. Cheriyan, our Principal., Mr. Thiruvanchoor Radhakrishnan, Hon'be Home Minister of Kerala inaugurated the meet. Rev. Dr. Antony Edanad CMI hoisted the flag. Rev. Dr. Thomas Pemala & Rev. Dr. Sibichen Kalarickal felicitated the ceremony. Mr. Edwin C. Benny, the General Captain took the oath for the athletes and Mr. Dany Thomas, College Union Chairman, proposed the vote of thanks.

The closing ceremony began with the welcome speech by Dr. K. M. Benny, Asst. Professor. The sports meet came to an end at 4.30 p.m. Sri. M.P. Santhosh Kumar, Municipal Chairman, Kottayam, distributed the trophies and prizes to the winners. Dr. Tessy Joseh, Asst. Professor proposed the vote of thanks.

Overall champion team: John Paul Memorial B.Ed. College, Labakada, Kanchiyar

Runners-up team: University College of Teacher Education, Nedumkandam, Idukki

Men's overall champion : St. Joseph's Training College, Mannanam



Seventh Inter Training Collegiate Athletic Meet



Women's overall champion: John Paul Memorial B.Ed. College, Labakada, Kanchiyar

Individual champions among men: Prince Thomas, St. Joseph's Training College, Mannanam.

Individual champions among women: Soumya Jacob, University College of Teacher Education, Nedumkandam, Idukki, Salini Thomas, John Paul Memorial B.Ed. College, Labakada, Kanchiyar and Ann Mary Jose, John Paul Memorial B.Ed. College, Labakkada Kanchiyar.

March Past: University College of Teacher Education, Nedumkandam, Idukki, Sree Narayana College of Education, Moovattupuzha and St. Joseph's Training College, Mannanam secured first, second and third places respectively.



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Josephine Newsletter

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Principal's Message



Dr. Varghese K. Cheriyan

St. Joseph's Training College is a forging institution in the field of teacher education. We have journeyed through all these years and gained the trust and appreciation of thousands of teacher trainees and their employers. Our philosophy of education has always been meeting the needs of individual as well as society. We prepare teachers who are globally competent and shall promote democratic and spiritual values to create a just and humane society. As in the previous years, the college has organised academic, social, cultural and extension activities. The college has organised UGC sponsored Seminar, undertaken Research Projects, and the faculty members have attended seminars/ workshops and published articles. The construction of UGC funded Jubilee building is completed.

As a teacher education institution, we focuses on novel and innovative practices

in teaching and learning. Well-equipped classrooms and reflective practices helps the teacher trainees to remain ever committed to excellence in academic standards. Activities of various clubs and associations form teachers who imbibe national, social and spiritual values and international understanding. Activities like sports and games, exhibitions and debates form teachers of quality in all walks of life who serve their fellow men with justice, truth and love. Students were actively engaged in curricular and co-curricular activities. They have participated in collegiate and inter-collegiate competitions and have brought laurels to the institution. Students have also demonstrated their talents by organising days of national importance.

Let us wish and hope the college will contribute to the nation a bunch of well-groomed teachers who will champion the cause of a just society.



UGC sponsored National Seminar on Reflective practice: A tool for professional development of teachers

UGC sponsored National Seminar on Reflective practice: A tool for professional development of teachers was organized in the college on 16th and 17th August 2013. The major objectives of the seminar was to enable the participants to understand the importance of reflective practice for professional development and the philosophy behind the reflection practice, avoid compromising on human rights for economic or political expediency, practice critical thinking as a means for reflective practice, train the

teachers to adopt sharing and discuss events and issues of professional life, and there by to enhance professional improvement and adopt self evaluation as a technique for reflective practice.

The seminar was inaugurated by Dr. Cyriac Thomas, Member, National Commission for Minority Educational Institutions, Govt. of India, New Delhi. College Manager Rev. Dr. Antony Edanad CMI presided over the function. College Principal Dr. Varghese K. Cheriyan delivered the

welcome speech and Dr. Tessy Joseph Kallarackal, Co-ordinator proposed the vote of thanks. Eminent personalities like Dr. Mythili Ramchand, Director, R.V. Educaitional Consortium, Bangalore. Dr. K.P. Suresh, Associate Professor, School of Pedagogical Sciences, M.G. University, Dr. Anandakuttan B. Unnithan, Asso. Professor and Chairperson, IIM, Kozhikode, Rev. Dr. Jose Nandikara CMI, Faculty of Philosophy, Dharmaram College, Bangalore were meticulously and scholarly handled the sessions.



Sports day

Sports day for the academic year 2012-13 was held on 11th January, 2013. Students grouped in to four houses namely, Phoenix, Achilles, Olympians, Emerald participated in the various sports and games events with true sportsman spirit. Phoenix house got overall championship. Prince Thomas of Achilles House and Sohan Singh Azaad of Olympians were the individual champions in the Men section. Sangeetha P.K., Magi Maria, Divya K. and Regula M. of Phoenix House shared individual championship in the Women section.



Arts Fest

The Arts fest was organized on 6th and 7th September 2013 with competitions in various arts and literary events. The students actively participated in the class-wise competitions and English batch won the championship in the arts competitions. Renjith V.T and Stephy Thomas were declared as Kalapraphipha and Kalathilakam respectively.



Onam Celebrations



Jingle Bells....



Refreshing memories... Alumni Day

A cordial get-together of the former staff and students of the college was held on 8th December 2012. Dr. Varghese K. Cheriyan, Principal of the college presided over the function. The students of the 1962-63 batch who celebrated the golden Jubilee and 1987-88 batch who celebrated the silver jubilee as the alumni of this college were specially invited and honored on the same day. The Jubilarians shared their memories about their principals, teachers, classmates and those old golden days. The experiences and thoughts of Alumni members motivated the present teacher trainees. Mr. Mathew Jacob, Vice-president of FOSSA presided over the function.



KSCSTE Sponsored State Level Seminar on Life Style Diseases: A Silent Killer



Seminar on "Life Style Diseases: A Silent Killer" was conducted on 31st May and 1st June 2013. to create awareness among the student teachers about the ill effects of modern lifestyle on physical and mental health of people especially among the youth and methods to overcome them. Dr. Jose Joseph, Professor of Community Medicine, Medical

College, Kottayam inaugurated the seminar. It was also aimed at to generate awareness on healthy lifestyle among the student community and through them to create an impact in the society. To motivate student teachers to adopt certain practical measures like low-fat diet, with the inclusion of plenty of grains and leafy vegetables and moderate eating habits was another objective of the seminar.



Seminar- "Thinking on Thinking Skills"

A Seminar on "Thinking on Thinking Skills" was conducted on 30th November 2012. Dr. Peter Mathew, Principal, Mangalam College of Education inaugurated the seminar and Dr. Meenakshi Ramachandran was the resource person. Rev. Dr. Sibichen K.K. co-ordinated the workshop.





Blessed Kuriakose Elias Chavara Lecture Series

A lecture series in the name of founder father Bl. Kuriakose Elias Chavara was instituted as a joint venture of St. Joseph's Training College, Mannanam and St. Joseph College of Teacher Education for Women, Ernakulam. The first lecture in this series was delivered by Dr. David Fincham, Professor, St. Mary's University College, London on the topic 'Education for the marginalized' at this college on 22nd February 2013. The second lecture in this series was delivered by Dr. Helen Macilwaine, Academic Manager, Oxford Tefi on the topic 'Multilingualism' on 19th August 2013 at St. Joseph College of Teacher Education, Ernakulam.

Exhibition of Teaching Learning Materials



The institution conducts an exhibition of learning materials every year. This year the exhibition was conducted on 30th August 2013 with various models including working and stills and charts. Students from St. Joseph's UP School, Mannanam, St. Ephrem's H.S.S. Mannanam and

K.E. English Medium School visited the stalls. The teachers of different schools appreciated the student teachers for their work. Study materials were distributed to feeder schools after the exhibition on request.

Observation of important days and events

The Human Rights Day was observed on 10th December 2012 by conducting a rally in which the students expressed their views on placards.

On 17th December 2012, National Mathematical Year was celebrated by the students of mathematics option.

Students from Natural Science and Physical Science options jointly observed National Science Day on February 28, 2013 by exhibiting posters on Raman effect.

Malala Day was observed in the college and the students and faculty members took pledge on 2nd August 2013.

Independence Day was celebrated on 15th August 2013.

Teachers' Day was celebrated on 5th September 2013 by honoring Prof. M.A. Alexander who retired from this



college 25 years ago, along with all faculty members.

150th Birth Anniversary of Swami Vivekanadawas celebrated in this college. Prof. P.V. Viswanathan Namboothiri, Baseliious College, Kottayam was the chief guest.

