

Form IV  
(See sub-rule (3) of rule 8 of NCTE Rules, 1997)

**QUESTIONNAIRE FOR INSPECTION**

**Inspection of Recognised Institutions**

(Under Section 13 of the National Council for Teacher Education Act, 1993)

**Digitalized Format for Self Appraisal Report**

**Year of Appraisal 2014-2015**

**Profile of the Teacher Education Institution**

1. Name of the institution St. Joseph's Training College, Mannanam
2. Address for communication St. Joseph's Training College,  
Mannanam P.O., Kottayam Dt.  
Kerala, Pin 686561
3. Phone No. (with STD Code) 0481 2597347
4. Fax No. 0481 2597347
5. E-mail stjosephstrainingcollege@gmail.com
6. Date of establishment of the institution 1957
7. Course(s) offered B.Ed.

1	2	3	4	5
Name of the course in full	Stage/level	Duration	Year of starting the course	Intake approved
B.Ed.	Under graduate	1 year	1957	150

8. Name of the University/Examining Body to which the institution is affiliated Mahatama Gandhi University, Kottayam
9. Number and date of the order of the Regional Committee granting recognition/Permission (course wise) B.Ed.FKL/SEC/20/SRO/NCTE/2005-06/356;  
dtd. 13-4-2005

10. Mode of selection of candidates Yes No  
(a) Centralised test at the state level ☐ ☒  
(b) Test conducted by the university ☐ ☒  
(c) Test conducted by the institution ☐ ☒  
(d) Test conducted by an independent agency ☐ ☒  
(e) Based on marks obtained in the qualifying examination ☒ ☐  
(f) By the management ☐ ☒

11. Criteria for admission :	Yes	No
(a) As per NCTE norms	<input checked="" type="checkbox"/>	<input type="checkbox"/>
(b) Norms superior to NCTE	<input type="checkbox"/>	<input checked="" type="checkbox"/>
(c) In relaxation of NCTE norms with respect to minimum percentage of marks	<input type="checkbox"/>	<input checked="" type="checkbox"/>
(d) In relaxation of NCTE norms with respect to qualifying course	<input type="checkbox"/>	<input checked="" type="checkbox"/>
(e) In relaxation of special eligibility provisions of NCTE norms such as participation in national/regional/state/university level events	<input type="checkbox"/>	<input checked="" type="checkbox"/>
(f) In relaxation of professional experience	<input type="checkbox"/>	<input checked="" type="checkbox"/>
(g) In relaxation of professional experience and performance in qualifying course	<input type="checkbox"/>	<input checked="" type="checkbox"/>

  

12. Academic calendar of the outgoing academic session	D	D	M	M	Y	Y
(a) Start of admission	<input type="text" value="1"/>	<input type="text" value="9"/>	<input type="text" value="1"/>	<input type="text" value="1"/>	<input type="text" value="1"/>	<input type="text" value="3"/>
	D	D	M	M	Y	Y
(b) Closure of admission	<input type="text" value="1"/>	<input type="text" value="5"/>	<input type="text" value="1"/>	<input type="text" value="2"/>	<input type="text" value="1"/>	<input type="text" value="3"/>
	D	D	M	M	Y	Y
(c) Start of teaching	<input type="text" value="2"/>	<input type="text" value="0"/>	<input type="text" value="1"/>	<input type="text" value="1"/>	<input type="text" value="1"/>	<input type="text" value="3"/>
	D	D	M	M	Y	Y
(d) Last teaching day	<input type="text" value="3"/>	<input type="text" value="1"/>	<input type="text" value="1"/>	<input type="text" value="0"/>	<input type="text" value="1"/>	<input type="text" value="4"/>
(e) Number of teaching days			<input type="text" value="2"/>	<input type="text" value="0"/>	<input type="text" value="2"/>	
(f) Number of days of vacation/break during the academic session			<input type="text" value="3"/>	<input type="text" value="0"/>		

  

13. Practice Teaching at School	
(a) Total number of practicing teaching days	<input type="text" value="4"/> <input type="text" value="0"/>
(b) Minimum number of practice teaching lessons given by each student	<input type="text" value="3"/> <input type="text" value="0"/>

  

14. Pre-practice teaching at the institution	
(a) Number of pre-practice teaching days (simulated/micro-teaching/any other)	<input type="text" value="3"/> <input type="text" value="0"/>
(b) Minimum number of pre-practice teaching lessons given by each student	<input type="text" value="3"/> <input type="text" value="0"/>
(c) Total number of demonstration lessons held	<input type="text" value="0"/> <input type="text" value="5"/>

15. Examinations

(a) Number of sessional tests held for each paper

	3
--	---

(b) Number of assignments for each paper

	1
--	---

(c) Date of commencement of annual examination

D	D	M	M	Y	Y
2	8	1	1	1	4

(d) Date of declaration of result

D	D	M	M	Y	Y
2	1	0	3	1	5

(e) Date of submission of dissertation  
(Post-graduate course)

D	D	M	M	Y	Y

16. Scheme of examination

Yes No

(a) External examination only

	✓
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(b) Internal and external examinations

✓	
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(c) Internal examination only

	✓
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17. Student support and progression

(a) Number of students who appeared in the final examination

			1	4	7
--	--	--	---	---	---

(b) Number of students who passed in the examination

			1	4	4
--	--	--	---	---	---

(c) Number of students who failed in the examination

	3
--	---

(d) Number of students who joined higher studies

3	0
---	---

(e) Number of students who took up teaching employment

4	0
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(f) Number of students who secured employment through the institution

2	8
---	---

18. Teaching Resources

Yes No

(a) Principal/Head of the Department is in position

✓	
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(b) Number of teachers employed on full-time basis

1	2
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(c) Number of teachers employed on part-time basis

0	0
---	---

(d) Number of Guest lecturers engaged

0	0
---	---

(e) Number of teachers on regular scale of pay

1	2
---	---

(f) Number of teachers on consolidated remuneration

0	0
---	---

(g) Number of teachers with qualifications as per NCTE norms

1	2
---	---

(h) Number of teachers yet to qualify NET/SLET

0	0
---	---

(i)	Number of teachers yet to obtain post-graduate degree in education	<table border="1"><tr><td></td><td>0</td></tr></table>		0	
	0				
(j)	Number of teachers without school experience	<table border="1"><tr><td></td><td></td></tr></table>			
19. Professional Development of Teachers					
(a)	Number of teachers who attended in-service courses during the preceding year	<table border="1"><tr><td></td><td>1</td></tr></table>		1	
	1				
(b)	Number of teachers enrolled in part-time post-graduate course in education (M.Ed./M.A.(Education)/M.Phil)	<table border="1"><tr><td></td><td>0</td></tr></table>		0	
	0				
(c)	Number of teachers enrolled in full-time post-graduate course in education (M.Ed./M.A.(Education)/M.Phil)	<table border="1"><tr><td></td><td>0</td></tr></table>		0	
	0				
(d)	Number of teachers enrolled in Ph.D. programme	<table border="1"><tr><td></td><td>5</td></tr></table>		5	
	5				
(e)	Number of teachers who participated in seminars/ conferences/ workshops	<table border="1"><tr><td>1</td><td>2</td></tr></table>	1	2	
1	2				
(f)	Number of papers published by the teachers	<table border="1"><tr><td>2</td><td>7</td></tr></table>	2	7	
2	7				
(g)	Number of teachers who received professional recognition/ awards	<table border="1"><tr><td></td><td>0</td></tr></table>		0	
	0				
20. Land and Building		Yes No			
(a)	Institution functions from its own building	<table border="1"><tr><td>✓</td><td></td></tr></table>	✓		
✓					
(b)	Institution functions from a rented building	<table border="1"><tr><td></td><td>✓</td></tr></table>		✓	
	✓				
(c)	Institution building is under construction	<table border="1"><tr><td></td><td>✓</td></tr></table>		✓	
	✓				
(d)	Institution building is shared for running another course(s)	<table border="1"><tr><td></td><td>✓</td></tr></table>		✓	
	✓				
(e)	Title of the land is on free-hold ownership basis	<table border="1"><tr><td>✓</td><td></td></tr></table>	✓		
✓					
(f)	Title of the land is on long-lease as per law	<table border="1"><tr><td></td><td>✓</td></tr></table>		✓	
	✓				
21. Educational Technology					
(a)	Number of computers with supporting accessories	<table border="1"><tr><td>5</td><td>5</td></tr></table>	5	5	
5	5				
		Yes No			
(b)	Access to Internet	<table border="1"><tr><td>✓</td><td></td></tr></table>	✓		
✓					
(c)	Number of hands - on experience hours provided to each student per week	<table border="1"><tr><td>0</td><td>1</td></tr></table>	0	1	
0	1				
(d)	Number of education related CD-ROMs available	<table border="1"><tr><td>3</td><td>5</td><td>0</td></tr></table>	3	5	0
3	5	0			
(e)	Number of education related video-cassettes available	<table border="1"><tr><td>0</td><td>0</td></tr></table>	0	0	
0	0				
(f)	Number of education related audio-cassettes available	<table border="1"><tr><td>0</td><td>0</td></tr></table>	0	0	
0	0				
		Yes No			
(g)	Website of the institution	<table border="1"><tr><td>✓</td><td></td></tr></table>	✓		
✓					

- |   |  |   |  |
|---|--|---|--|
| (h) Availability of LCD projector         | <table border="1"><tr><td>✓</td><td></td></tr></table> | ✓ |  |
| ✓   |  |   |  |
| (i) Availability of OHP                   | <table border="1"><tr><td>✓</td><td></td></tr></table> | ✓ |  |
| ✓   |  |   |  |
| (j) Availability of TV                    | <table border="1"><tr><td>✓</td><td></td></tr></table> | ✓ |  |
| ✓   |  |   |  |
| (k) Availability of VCR                   | <table border="1"><tr><td>✓</td><td></td></tr></table> | ✓ |  |
| ✓   |  |   |  |
| (l) Availability of public-address system | <table border="1"><tr><td>✓</td><td></td></tr></table> | ✓ |  |
| ✓   |  |   |  |

22. Library resources

- |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|
| (a) Number of books in the library                                    | <table border="1"><tr><td>2</td><td>0</td><td>6</td><td>9</td><td>7</td></tr></table> | 2 | 0 | 6 | 9 | 7 |
| 2   | 0   | 6 | 9 | 7 |   |   |
| (b) Number of books added to the library during the preceding year    | <table border="1"><tr><td></td><td>8</td><td>5</td></tr></table>                      |   | 8 | 5 |   |   |
|   | 8   | 5 |   |   |   |   |
| (c) Total Number of educational journals/periodicals being subscribed | <table border="1"><tr><td>3</td><td>2</td></tr></table>                               | 3 | 2 |   |   |   |
| 3   | 2   |   |   |   |   |   |
| (d) Number of encyclopaedia available in the library                  | <table border="1"><tr><td>4</td><td>9</td></tr></table>                               | 4 | 9 |   |   |   |
| 4   | 9   |   |   |   |   |   |
| (e) Number of books available in the reference section of the library | <table border="1"><tr><td>3</td><td>1</td><td>7</td><td>0</td></tr></table>           | 3 | 1 | 7 | 0 |   |
| 3   | 1   | 7 | 0 |   |   |   |
| (f) Total seating capacity in the library                             | <table border="1"><tr><td>7</td><td>5</td></tr></table>                               | 7 | 5 |   |   |   |
| 7   | 5   |   |   |   |   |   |

23. Sports and Physical Education Resources

- |   |  |    |   |  |
|---|--|----|---|--|
| Institution has   | Yes  | No |   |  |
| (a) Playground (football/hockey etc.)   | <table border="1"><tr><td></td><td>✓</td></tr></table> |    | ✓ |  |
|   | ✓  |    |   |  |
| (b) Playground (football/hockey etc.) of another institution on sharing basis | <table border="1"><tr><td>✓</td><td></td></tr></table> | ✓  |   |  |
| ✓   |  |    |   |  |
| (c) Gymnasium/Multipurpose hall   | <table border="1"><tr><td>✓</td><td></td></tr></table> | ✓  |   |  |
| ✓   |  |    |   |  |
| (d) Facilities for gymnasium  | <table border="1"><tr><td>✓</td><td></td></tr></table> | ✓  |   |  |
| ✓   |  |    |   |  |
| (e) Facilities for athletics  | <table border="1"><tr><td>✓</td><td></td></tr></table> | ✓  |   |  |
| ✓   |  |    |   |  |
| (f) Facilities for Health Education   | <table border="1"><tr><td>✓</td><td></td></tr></table> | ✓  |   |  |
| ✓   |  |    |   |  |
| (g) Facilities for Anatomy Lab  | <table border="1"><tr><td></td><td>✓</td></tr></table> |    | ✓ |  |
|   | ✓  |    |   |  |
| (h) Facilities for Physiology Lab   | <table border="1"><tr><td></td><td>✓</td></tr></table> |    | ✓ |  |
|   | ✓  |    |   |  |

24 Organisation and Management

- |                           |  |    |   |  |
|---------------------------|--|----|---|--|
| Institution is            | Yes  | No |   |  |
| (a) Government owned      | <table border="1"><tr><td></td><td>✓</td></tr></table> |    | ✓ |  |
|                           | ✓  |    |   |  |
| (a) Aided                 | <table border="1"><tr><td>✓</td><td></td></tr></table> | ✓  |   |  |
| ✓                         |  |    |   |  |
| (b) Unaided               | <table border="1"><tr><td></td><td>✓</td></tr></table> |    | ✓ |  |
|                           | ✓  |    |   |  |
| (c) University Department | <table border="1"><tr><td></td><td>✓</td></tr></table> |    | ✓ |  |
|                           | ✓  |    |   |  |

25. (a) Minimum emoluments (basic pay and allowances) paid to teachers on regular appointment is 

	4	8	8	9	0
--	---	---	---	---	---
- (b) Minimum emoluments (basic pay and allowances) paid to teachers on adhoc service is
- (c) Minimum consolidated remuneration paid to teachers is
- (d) Per lecture honorarium paid to guest lecturers is
- Yes No
26. (a) Salaries are paid in cash 

✓	
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- (b) Salaries are paid through account payee cheque
- Yes No
27. (a) Salaries are disbursed each month 

✓	
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- (b) Teachers are paid salary for the vacation period  
Expenditure and Receipts 

✓	
---	--
28. (a) Salaries paid to teaching staff during the preceding financial year 

9	2	9	5	8	1	0
---	---	---	---	---	---	---
- (b) Salaries paid to non-teaching staff during the preceding financial year 

4	2	5	8	2	8	7
---	---	---	---	---	---	---
- (c) Amount spent on utilities during the preceding financial year 

	5	0	4	6	2
--	---	---	---	---	---
- (d) Amount spent on purchase of books and journals for the library during the preceding financial year 

	7	0	4	1	8
--	---	---	---	---	---
- (e) Amount spent on purchase of equipment during the preceding financial year 

1	7	5	3	9	8
---	---	---	---	---	---
- (f) Amount spent on purchase of furniture during the preceding financial year 

1	1	3	3	0
---	---	---	---	---
- (g) Amount spent on capital expenditure during the preceding financial year 

	1	3	1	7	1	7
--	---	---	---	---	---	---
- (h) Amount spent on contingencies during the preceding financial year 

1	0	3	1	6	1
---	---	---	---	---	---
29. (a) Amount carried forward from the previous financial year
- (b) Receipts from fees (tuition and all other fees) during the preceding financial year 

5	4	7	3	4	7
---	---	---	---	---	---
- (c) Receipts from donation during the preceding financial year
- (d) Receipts from consultancies and extension programmes during the preceding financial year

(e) Amount of grants received from the governments during the preceding financial year

2	8	4	8	9	8	9
---	---	---	---	---	---	---

(f) Income from investments during the preceding financial year

30. Excess of expenditure over income

	✓
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Amount of excess expenditure over income.

	6	2	4	3	0	9
--	---	---	---	---	---	---

31. The institutional accounts of the preceding financial year have been audited

NA  
(Govt. Aided College)

Endowment fund and Reserve Fund

NA  
(Govt. Aided College)

32. (a) Amount of Endowment fund

(b) Amount of Reserve fund

(c) Endowment fund is maintained jointly with NCTE

33. Resume of the institution

Brief appraisal of the overall performance of the institution during the preceding academic session and plans for future development may be given.

Attached

(Signature of the Head of the Institution/Principal)

(Signature of the Manager/Secretary of the Society/Trust)

### 33. Resume of the institution

B.Ed. programme for the academic year 2014-15 began on 12th December 2014. Regular classes began on 29th December, 2014. A total of 150 students joined the B.Ed. programme in the five optional subjects - 26 in English, 28 in Mathematics, 29 students in Natural science, 33 in Physical Science and 34 in Social Science optional. Results of B.Ed. Degree examination 2013-14 is yet to be published by the University. Out of the total strength of 146 students in the B.Ed. Degree examination 2012-13, 13 students got the highest grade of A+, 80 students got A, 40 students got B+ and 3 students got B grade.

#### Major activities:

After semester break for B.Ed. batch of 2013-14, the college reopened on 27-5-2014. A seminar on 'Counseling Techniques' was organized on 31st May 2014. Fr. Leju Thekkekalam, Counselor and Fr. Johnson, K.E. College were the resource persons. World Environment Day was duly observed with planting trees on 05-06-2014. Demonstration classes by State Resource Group members, District Resource Group Members and members of Alumni were held from 11-06-2014 onwards. Criticism lessons were held from 18-06-2014 onwards.

An integral part of our curriculum is the practice teaching session for six weeks which provides the students with firsthand experience in the classroom situation. Pre practice teaching school visits by the Principal and staff were held on 13-06-2014. Students made their first visit to the practice teaching schools on 30-06-2014. Practice teaching for students of 2013-14 batch was conducted from 8-07-2014 to 20-08-2014 in 22 schools in the neighbourhood of the college. Peer observation, journal writing, and mentoring were undertaken during teaching practice to promote reflective teaching.

An awareness programme on Dengue Fever was arranged on 18-08-2014. Reflections on experiences during teaching practice were shared by teacher trainees on 22-08-2014. Another important event of the year was the NAAC Peer team visit held on 29th and 30th of August 2014. We have achieved the status of 'A' grade with CGPA 3.17 in the re-accreditation (3rd Cycle) by NAAC. The Peer Team comprised of the Chairperson, Prof. S. Mohan, former Director and Dean of Education, Alagappa University, Member co-ordinator, Prof. S.M. Pany, former Principal, Regional Institute of Advanced Studies, Cuttack and Member, Dr.(Mrs.) Mintu Sinha, Principal, Bombay Teachers Training College.

Teachers Day celebrations were held on 05-09-2014. The college re-opened after Onam vacation on 16-09-2014. Study tours to three destinations - Tripunithura, Trivandrum and Mysore-Ooty were held during the 3rd week of September 2014. An awareness programme on 'Organ donation' was held on 29-09-2014. Chavara year celebrations to mark the Canonization of Saint Chavara Kuriakose Elias began on 01-10-2014. Arts Fest was organized on 07-10-2014. College day was held on 08-10-2014.

Practical Examinations were held from 14th October 2014 to 16th October 2014. Samavarthana ceremony was held on 23-10-2014. Sardar Patel Birth Anniversary was observed on 31-10-2014. Second semester University examinations began on 28-11-2014. A farewell message by Prof. S. Sivadas was held on 01-12-2014.

The B.Ed. batch 2014-15 commenced on 12-12-2014. Regular classes began on 29-12-2014. The Upanayana ceremony was held on 29<sup>th</sup> December, 2014. Classes started after a one week orientation programme. The General Body Meeting of the PTA was convened on 29<sup>th</sup> December 2014. Mr. Jose Joseph was elected as the President and Mrs. ....Tomy the Vice-president of PTA. The schedule of B.Ed. course during the current academic year was discussed in the meeting. The parents assured their full support and co-operation for the smooth and effective functioning of the college.

FOSSA Annual gathering was held on 13-12-2014. It was a cordial get-together for the former staff and students of the college.

Christmas celebrations were held on 19-12-2014. Students of M.Ed. and T.T.I. along with the teaching and non-teaching staff celebrated Christmas. Mrs. Prameela Devi, Member, Women Commission gave the message and cut the cake. Christmas carol competitions held by the Cultural club together with the College Union added joy to the occasion.

A Two Day State Level Seminar on 'Proactive Stress Coping Strategies for Developing Mental Well Being' was organized by Dr. Anisha V. Gopalakrishnan on 9<sup>th</sup> and 10<sup>th</sup> January 2015. Dr. Jose Joseph, Prof. & Head, Dept. of Community Medicine, Govt. Medical College, Alappuzha, Dr. Meenakshy Ramachandran, Principal, Christ College, Vizhinjam., Dr. T.C. Thankachan, Asst. Professor, St. Thomas College of Teacher Education, Pala, Dr. Maya S., Asst. Professor in Education, Mar Theophilus Training College, Trivandrum, Mrs. Selina S. Paul, Principal, Siddardha College of Education, Kaveli, Nellore, Prof. Dr. Fr. Baby Joseph CMI, Director, PI(CSIR), IRC-Dept. of Bio-technology, Malankara Catholic College, Kanyakumari, T.N., Dr. K. Gireesh, Clinical Psychologist, Govt. Mental Health Centre, Trivandrum., Fr. Varghese Kelamparambil CMI, Christ University, Bangalore were the resource persons for the seminar.

The staff and students of our college enthusiastically took part in the Run Kerala Run programme, a State Government initiative in connection with National Games organized in Kerala, on 20-01-2015. Republic Day was duly celebrated on 26-01-2015. Martyr's Day was observed on 30-01-2015.

A Two Day State Level Seminar on 'Education for Liberation: Contributions of Swami Vivekanada' was organized by Fr. Dr. Thomas P.J. on 6<sup>th</sup> and 7<sup>th</sup> February 2015. Mr. Rahul Easwar, Philosophy Author & Activist, Kerala State Youth Commission (State Co-ordinator), Dr. Jose C.C., Professor, Dept. of History, Christ University, Bangalore, Dr. Varghese K. Cheriyan, Principal, St. Joseph's Training College, Mannanam and Dr. James Manimala, Former H.O.D., Dept. of Malayalam, S.B. College, Changanacherry were the resource persons.

On the occasion of the birth anniversary of Saint Chavara Kuriakose Elias the 3<sup>rd</sup> of the Lecture series on the topic - '*Life and Literary Genius of St. Chavara*' by Mr. B.R. Prasad (Literary scholar) was held on 10-02-2015. A group of staff and students led by Dr. (Sr.) Vimala CMC, Principal of St. Joseph College of Teacher Education for Women, Ernakulam visited our college and performed a dance drama on the day.

College union election in parliamentary system was held on 29-01-2015. Oath taking of office bearers was held on 02-02-2015. Anna Kathreena, famous play back singer was the chief guest on the occasion.

Inauguration of the College Union and Arts Club was held on 26-02-2015. Ms. Sandhya Grace Joseph, Chief Sub-editor, Malayala Manorama inaugurated the College Union and Arts Club. The meeting was followed by a colorful cultural show.

Annual Sports day was held on 27-02-2015. Students grouped under four houses participated in the various sports and games events with true sportsman spirit. Noble Mathew and Johnson Joseph were declared the individual champion among men and Jitty P. John was declared the individual champion among women.

A Two Day State Level Seminar on 'Scientific Excellence of Yoga: A Multi-Sectoral Dialogue' was organized by Dr. K.M. Benny on 6th and 7th March 2015. Swami Bhadreshananda, Adhyaksha, Kochi Branch Ramakrishna Mission, Yogiraj Dr. Toms Abrham, Director, Yuvatha School of Yoga, Kumarakom, Dr. A. John, Rtd. Professor, Karmela Rani Training College, Kollam & HOD, SJTC, Mannanam, Dr. T. V. Muralivallabhan, Yoga Specialist, Academic Co-ordinator, Sree Ramakrishna Math, Arunapuram, Pala & Former Principal of NSS College, Vazhoor and Mr. Joshy Ryan, Yoga Trainer & Librarian, SJTC, Mannanam were the resource persons.

Jubilarians Day was celebrated on 7th March 2015. Golden Jubilarians of 1964-65 batch and Silver Jubilarians of 1989-90 batch were specially invited and honoured on the occasion. Former teaching and non-teaching staff also attended the function. It was a rare nostalgic experience for all.

SUPW activities for the year began on 16th March 2015. Students of various optional subjects engaged themselves in interior decoration, stitching and embroidery, Book binding, cooking and campus cleaning. They understood the merit of groupwork and dignity of labour through the activities.

The Inter Training Collegiate Athletic Meet initiated by our college in 2007 assumes significance in view of the fact that it is the first in the history of Mahatma Gandhi University. The 9th Inter-Training Collegiate Athletic Meet was held on 21st March, 2015 at Nehru Stadium, Kottayam. MGUCTE, Nedumkandam won the Overall Championship. Our college and St. Thomas College of Teacher Education Mylacombe were the runners up. Our college team bagged the men's Championship and MGUCTE Nedumkandam bagged the Women's Championship. Anju Joseph of MGUCTE, Nedumkandam was the individual champion among women. Noble Mathew of our college won the individual championship among men.

With a view to enhance the participation of students in the co-curricular activities, various clubs were formed in the beginning of the academic year itself. Representatives for different clubs were chosen from each optional class. A variety of activities were organized under the auspices of the various clubs functioning in the college viz., the Cultural Club, Debate Club, Literary Club, Nature & Tourism Club, Spiritual Animation Cell, Women's Cell and Social Service Club.

A talk on women empowerment by Mrs. Leenamma Chirayil, HOD, English Department, K.E. College, Mannanam was organized on 09-03-2015 by the Women's Club on the occasion of Women's Day.

The Social Extension Club helps students to develop an awareness of social problems by organizing various activities. A group of students offered free tuition to the inmates of Children's Home, Thiruvanchoor. The college adopted an Anganvady at Mannanam. The learning materials prepared by the trainees were distributed to the practice teaching schools. The club also raised a poor aid fund and collected clothes and other materials to help the poor and needy. Cultural programmes staged by different optional groups were organized from 10-02- 2015 onwards, by the cultural club.

Under the auspices of Spiritual Animation Cell inter religious prayer meetings were held as part of college assembly. National Science Day was observed by the science students by organizing a talk by Dr. Sebastian, HOD, Dept. of Physics, K.E. College Mannanam on 28-02-2015. Students also arranged a slide show on the day.

The Debate Club in the college functions with the aim of developing critical and reflective thinking in the students. With this aim every Wednesday, the club organized debates, on topics of current social relevance and every week selected one student as the best debater. The club ensured the active participation of students from all optional subjects in the debates.

Nature club continued with its projects like vermiculture, herbal garden, and vegetable garden. It also took efforts for campus beautification. Campus cleaning was organized on 13-03-2015. A nature camp in collaboration with WWF is planned and it will be executed during summer vacation.

In order to help our out-going students to find job opportunities, in schools in and outside Kerala, a placement cell functions in our college. Students can register their names with the cell and get information regarding job opportunities. Many of our students got appointment in various schools across the country through the placement cell.

Our students won some creditable achievements in various competitions. Bijoy Babu and Varun K.K. won first prize in the All Kerala Inter-collegiate Quiz competition held at St. John the Baptist's College of Education, Nedumkunnam on 12th February 2015. Bijoy Babu and Akhil K. won first prize in the science quiz held at St. Mary's Training College, Thiruvalla in March 2015. Our students made a remarkable performance in the All Kerala Teachers Training College Athletic Meet in March 2015. Our team won the overall championship and the men's championship in the meet. Noble Mathew of our college won the individual men's championship in the event. Johnson Joseph was the runners up in men's singles in the Badminton Tournament held at Titus II Teacher Training College, Thiruvalla in February 2015. Jitty P. John was the runners up in women's singles in the Badminton Tournament held at Titus II Teacher Training College, Thiruvalla in February 2015.

In view of the significance of ICT in modern education, all the students in the college are given computer education. Free access to Internet through broadband is made available to students. The college provides counseling services for our students by

appointing Fr. Leju Joseph, CMI, Clinical Psychologist as the Counsellor. Mentoring system was utilized to help and support the wholistic development of each student. The college undertakes programmes for the upliftment of SC/ ST and minority category students utilizing UGC grants. Hostel facilities are provided to the students. Boys are accommodated in the St. Joseph's hostel attached to the college and girls are accommodated in Pope John hostel and in Holy Family hostel.

An IQAC meeting for its reconstitution was held on 27-03-2015. The members met and discussed the future plans for the academic year in view of the NAAC Peer team recommendations. A contribution of Rs. 11000/- was handed over to the family of a needy Alumni by the faculty of the institution.

### **Publications by the Faculty with Impact factor of the Publications**

#### **Dr. VARGHESE K. CHERIYAN**

Cheriyen V. K. & Varghese, M. (2014). *Relationship between Achievement Motivation and Learning Style of Higher Secondary School Students*, The Ground Builder: An Attempt to Recast Quality Education, 3(1), pp 34-44 (ISSN 2249 – 9911).

#### **Fr. Dr. THOMAS P.J.**

Thomas, P. J., (2014, October). Adult attention deficit hyperactive disorder: A review. Paper presented in the two-day International symposium on "Research Innovation for Quality Improvement in Higher Education" held at Research and Development Centre, Bharathiar University, Tamilnadu.

Thomas P.J, (2015). 'Uniqueness and universalism of religious identity: Views of Swami Vivekananda' in the UGC Sponsored Two Day National level seminar on "Education for Liberation: Contributions of Swami Vivekananda" held at St. Joseph's Training College, Mannanam on 6th and 7th February 2015.

Thomas P.J., (2015). 'Principles and practices of meditation and yoga for students with ADHD: An analysis' in the UGC Sponsored Two Day National level seminar on "Scientific Excellence of Yoga: A Multi-Sectoral Dialogue" held at St. Joseph's Training College, Mannanam on 6th and 7th March 2015.

#### **Dr. K. M. BENNY**

Benny K.M., & Jessymol M. (2015). 'Swami Vivekananda's contribution to inter-religious harmony' in the UGC Sponsored Two Day National level seminar on "Education for Liberation: Contributions of Swami Vivekananda" held at St. Joseph's Training College, Mannanam on 6th and 7th February 2015.

Benny K.M., & Jessymol M. (2015). 'Pranayama for improvement of lung capacity' in the UGC Sponsored Two Day National level seminar on "Scientific Excellence of Yoga: A

Multi-Sectoral Dialogue' held at St. Joseph's Training College, Mannanam on 6th and 7th March 2015.

#### **Dr. TESSY JOSEPH KALLARACKAL**

Tessy J.K., (2014, October). Suicidal ideation and its correlates: A meta-analysis. Paper presented in the two-day International symposium on "Research Innovation for Quality Improvement in Higher Education" held at Research and Development Centre, Bharathiar University, Tamilnadu.

Tessy J.K. (2015). 'Synthesis of scientific temper and spirituality in the life of Swami Vivekananda' in the UGC Sponsored Two Day National level seminar on "Education for Liberation: Contributions of Swami Vivekananda' held at St. Joseph's Training College, Mannanam on 6th and 7th February 2015.

Tessy J.K., (2015). 'Mindfulness based interventions for youth suicidal ideation: A review' in the UGC Sponsored Two Day National level seminar on "Scientific Excellence of Yoga: A Multi-Sectoral Dialogue' held at St. Joseph's Training College, Mannanam on 6th and 7th March 2015.

#### **Fr. Dr. SIBICHEN**

Sibichen, K. K. & Anisha, V. G. (2014). 'Policy of inclusion as an ethical imperative for the learning disabled' in the UGC Sponsored Two Day National level seminar on Inclusive Education: A Paradigm Shift held at St. Xavier's College of Teacher Education, Palayamkottai, on 26<sup>th</sup>&27<sup>th</sup> September 2014

Sibichen, K. K. (2015). 'Pro-active stress coping strategy for developing mental well being in the UGC Sponsored Two Day National level seminar on Proactive Stress Coping Strategies for Developing Mental Well Being' held at St. Joseph's Training College, Mannanam on 9th and 10th January 2015.

Sibichen K.K. (2015). 'Religious fanaticism Vs Vivekananda- A situational study' in the UGC Sponsored Two Day National level seminar on "Education for Liberation: Contributions of Swami Vivekananda' held at St. Joseph's Training College, Mannanam on 6th and 7th February 2015.

#### **Mr. SHAIJU FRANCIS**

Francis, S. (2014). *Multiple Intelligence and Academic Achievement of JavaharNavodayaVidyalaya Students* The Ground Builder: An Attempt to Recast Quality Education,3(1), pp 34-44(ISSN 2249 – 9911).

Baby, J., Francis, S.(2015). 'Enhancing stress coping skills through reflective practices' in the UGC Sponsored Two Day National level seminar on Proactive Stress Coping Strategies for Developing Mental Well Being' held at St. Joseph's Training College, Mannanam on 9th and 10th January 2015.

Shaiju F., (2015). 'An indepth analysis of Swami Vivekananda's thoughts' in the UGC Sponsored Two Day National level seminar on "Education for Liberation: Contributions of Swami Vivekananda" held at St. Joseph's Training College, Mannanam on 6th and 7th February 2015.

Shaiju F., (2015). 'The philosophical framework of yoga' in the UGC Sponsored Two Day National level seminar on "Scientific Excellence of Yoga: A Multi-Sectoral Dialogue" held at St. Joseph's Training College, Mannanam on 6th and 7th March 2015.

### **Mrs. RONU THOMAS**

Thomas, R. (2015). 'Mental illness a reason behind children in conflict with law' in the UGC Sponsored Two Day National level seminar on Proactive Stress Coping Strategies for Developing Mental Well Being' held at St. Joseph's Training College, Mannanam on 9th and 10th January 2015.

Ronu T. (2015). 'Swami Vivekananda's prophecies in science' in the UGC Sponsored Two Day National level seminar on "Education for Liberation: Contributions of Swami Vivekananda" held at St. Joseph's Training College, Mannanam on 6th and 7th February 2015.

### **Dr. ANISHA V. GOPALAKRISHNAN**

Sibichen, K. K. & Anisha, V. G. (2014). 'Policy of inclusion as an ethical imperative for the learning disabled' in the UGC Sponsored Two Day National level seminar on Inclusive Education: A Paradigm Shift held at St. Xavier's College of Teacher Education, Palayamkottai, on 26<sup>th</sup>&27<sup>th</sup> September 2014

Anisha, V. G. (2015). 'Positive ways of coping' in the UGC Sponsored Two Day National level seminar on Proactive Stress Coping Strategies for Developing Mental Well Being' held at St. Joseph's Training College, Mannanam on 9th and 10th January 2015.

Anisha V.G. (2015). 'Teacher Education for Human empowerment and Man making' in the UGC Sponsored Two Day National level seminar on "Education for Liberation: Contributions of Swami Vivekananda" held at St. Joseph's Training College, Mannanam on 6th and 7th February 2015.

### **Mrs. SUNITHA SUSAN JOSE**

Sunitha Susan Jose (2014). *Certain Cooperative Learning Strategies for Elementary classes to enhance Social Intelligence* The Ground Builder: An Attempt to Recast Quality Education,3(1), pp 34-44(ISSN 2249 - 9911).

Sunitha S.J., (2015). 'Role of Education in women empowerment' in the UGC Sponsored National level seminar on "Changing employment status and resource mobilization of women in Kerala" held at Alphonsa College, Pala on 23rd and 24th July 2014.

Sunitha S.J., (2015). 'Education as a catalyst in bringing religious harmony' in the National level seminar on "Religious harmony in Kerala: with special reference to Gandhian

thoughts' held at K.E. College, Mannanam on 13th and 14th August 2014.

Sunitha S.J. (2015). 'Vivekananda's vision on women empowerment' in the UGC Sponsored Two Day National level seminar on "Education for Liberation: Contributions of Swami Vivekananda" held at St. Joseph's Training College, Mannanam on 6th and 7th February 2015.

#### **Mrs. PRAVEENA GOPINATH**

Praveena G. (2015). 'Swami Vivekananda's views on Philosophy of education' in the UGC Sponsored Two Day National level seminar on "Education for Liberation: Contributions of Swami Vivekananda" held at St. Joseph's Training College, Mannanam on 6th and 7th February 2015.

#### **Dr. JISHA BABY**

Baby, J., Francis, S. (2015). 'Enhancing stress coping skills through reflective practices' in the UGC Sponsored Two Day National level seminar on Proactive Stress Coping Strategies for Developing Mental Well Being' held at St. Joseph's Training College, Mannanam on 9th and 10th January 2015.

Baby, J., (2015). 'Re-visiting Swami Vivekananda's vision on science education' in the UGC Sponsored Two Day National level seminar on "Education for Liberation: Contributions of Swami Vivekananda" held at St. Joseph's Training College, Mannanam on 6th and 7th February 2015.

Baby, J., (2015). 'Yoga: A tool for self regulation' in the UGC Sponsored Two Day National level seminar on "Scientific Excellence of Yoga: A Multi-Sectoral Dialogue" held at St. Joseph's Training College, Mannanam on 6th and 7th March 2015.

#### **FUTURE PLANS:**

The governing body and IQAC of the institution chalked out a plan of action for its future development in terms of academics, infrastructure and learning resources. The major schemes proposed to be undertaken are listed below.

The college plans to utilize the grants from UGC to improve its teaching learning resources; arrange invited lectures and talks of eminent teachers; scientists and social workers; conduct bridge course wherever required, encourage innovative practices in teaching- learning process; take initiatives for examination reform; and encourage and help the non teaching staff and students to achieve total computer literacy. The college also plans to collaborate with different vocational centers like printing press, statue making centre, artists, in the locality to enhance the SUPW by the students. The college has applied for M.Phil. Course in Education and for setting up an advanced research centre in Education to improve research.

It has been decided to depute as many faculty members as possible to participate in the orientation, faculty improvement programmes, seminars, workshops and other staff development programmes. The college has also planned to strengthen the library by digitalization and by increasing the number of books and subscribed journals. Utilizing UGC grants, the college also plans to complete computerization of the college office. It

has been decided for the Ex-situ conservation of rare and threatened endemic plants and maintain the campus naturally beautiful and Eco-Friendly.

The college plans to set-up an Indoor stadium with UGC funds. Furnishing an extension centre, and rooms for indoor games and providing additional toilet facilities, and technological up gradation and better facilities in the student's common room are all under consideration by the college management. The college plans to set-up a canteen for its staff and students. Construction of a retaining wall in its backyard is also under consideration.

The college aims at extension of services of the Guidance and Counselling Cell to the neighbouring community, organizing science awareness programme for high school students, continuing the free tuition programme for the poor students. The college plans to strengthen the Alumni association activities. It aims to identify our resourceful Alumni and utilize their expertise to improve the quality of our students. It also aims to utilize them to act as a bridge between the institution and the education sector. The college also wishes to strengthen the community services by starting free consultancy on environmental related problems such as plastic pollution and solid waste management, water pollution, water management and solar energy utilization and continue the community extension activities like mushroom cultivation, vermiculture, herbal garden, vegetable garden and Butterfly Park. It plans to undertake a road beautification programme in its neighbourhood. The college has also plans to adopt some of the neighbouring villages and launch innovative educational programs and healthcare schemes to improve their quality of life.

(Signature of the Head of the Institution/Principal)

(Signature of the Manager/Secretary of the Society/Trust)