Form IV (See sub-rule (3) of rule 8 of NCTE Rules, 1997)

QUESTIONNAIRE FOR INSPECTION

Inspection of Recognised Institutions

(Under Section 13 of the National Council for Teacher Education Act, 1993)

Digitalized Format for Self Appraisal Report Year of Appraisal 2015-2016

Profile of the Teacher Education Institution

1.	Name of the institution	lannanam									
2.	Address for communication		St. Joseph's Training College, Mannanam P.O., Kottayam Dt. Kerala, Pin 686561								
3.	Phone No. (with STD Code)		0481 25973	0481 2597347							
4.	Fax No.		0481 25973	347							
5.	E-mail		stjosephstra	ainingcollege@gmail.	com						
6.	Date of establishment of the ins	titution	1957								
7.	Course(s) offered		B.Ed.								
	1	2	3	4	5						
	Name of the course in full	Stage/level	Duration	Year of starting the course	Intake approved						
	B.Ed.	Under graduate	2 year	1957	50						
8.	Name of the University/Examining Body to which the institution is a	· ·	Mahatama (Gandhi University, Ko	ttayam						
9.	Number and date of the order of the Regional Committee granting recognition/Permission (course wise) F No.SRC/NCTE/APSO/B.Ed./KL/2015-70551 dtd. 22-7-2015										
10.	Mode of selection of candidates	5			Yes No						
	(a) Centralised test at the state le	evel			✓						
	(b) Test conducted by the univer	rsity			✓						
	(c) Test conducted by the institu	ution			✓						
	(d) Test conducted by an indepe	endent agency			✓						
	(e) Based on marks obtained in	the qualifying exami	nation		✓						
	(f) By the management										

11.	Criteria for admission :						Yes	No	
	(a)	As per NCTE norms					✓		
	(b)	Norms superior to NCTE						✓	
	(c)	(c) In relaxation of NCTE norms with respect to minimum percentage of marks							
	(d)	(d) In relaxation of NCTE norms with respect to qualifying course							
	(e)	(e) In relaxation of special eligibility provisions of NCTE norms such as participation in national/regional/state/university level events							
	(f)	In relaxation of professional experience						✓	
	(g)	In relaxation of professional experience and performance in qualifying co	urse					✓	
12.	Aca	demic calendar of the outgoing academic session	D	D	М	M	Y	Υ	
	(a)	Start of admission	2	0	0	6	1	5	
			D	D	М	М	Υ	Υ	
	(b)	Closure of admission	3	0	0	8	1	5	
			D	D	M	М	Υ	Υ	
	(c)	Start of teaching	0	1	0	7	1	5	
			D	D	M	M	Υ	Υ	
	(d)	Last teaching day	3	1	0	3	1	6	
	(e)	Number of teaching days				2	0	0	
	(f)	Number of days of vacation/break during the academic session					6	1	
13.	Prac	ctice Teaching at School							
	(a)	Total number of practicing teaching days					4	0	
	(b)	Minimum number of practice teaching lessons given by each student					3	0	
14.	Pre-	practice teaching at the institution							
	(a)	Number of pre-practice teaching days (simulated/micro-teaching/any other)					3	0	
	(b)	Minimum number of pre-practice teaching lessons given by each student					3	0	
	(c) Total number of demonstration lessons held							5	

15.	Exal	TIITIAUOTIS								
	(a)	Number of sessional tests held for each paper						3		
	(b)	Number of assignments for each paper						1		
			D	D	M	M	Υ	Υ		
	(c)	Date of commencement of annual examination	2	7	0	1	1	6		
			D	D	M	M	Υ	Υ		
	(d)	Date of declaration of result	0	0	0	0	0	0		
			D	D	M	M	Υ	Υ		
	(e)	Date of submission of dissertation (Post-graduate course)								
16.	Sch	eme of examination					Yes No			
	(a)	External examination only						✓		
	(b)	Internal and external examinations					✓			
	(c)	Internal examination only						✓		
17.	Stud	lent support and progression								
	(a)	Number of students who appeared in the final examination				1	4	7		
	(b)	Number of students who passed in the examination	R	esult	s to I	be de	eclare	d		
	(c)	Number of students who failed in the examination	R	esult	s to I	be de	eclared			
	(d)	Number of students who joined higher studies					4	0		
	(e)	Number of students who took up teaching employment					4	1		
	(f)	Number of students who secured employment through the institution					3	0		
18.	Tead	ching Resources					Yes	No		
	(a)	Principal/Head of the Department is in position					✓			
	(b)	Number of teachers employed on full-time basis					1	2		
	(c)	Number of teachers employed on part-time basis					0	0		
	(d)	Number of Guest lecturers engaged					0	0		
	(e)	Number of teachers on regular scale of pay					1	2		
	(f)	Number of teachers on consolidated remuneration					0	0		
	(g)	Number of teachers with qualifications as per NCTE norms					1	2		
	(h)	Number of teachers yet to qualify NET/SLET					0	0		

	(i)	Number of teachers yet to obtain post-graduate degree in education			0
	(j)	Number of teachers without school experience			
19.	Prof	essional Development of Teachers			
	(a)	Number of teachers who attended in-service courses during the preceding year			5
	(b)	Number of teachers enrolled in part-time post-graduate course in education (M.Ed./M.A.(Education)/M.Phil)			0
	(c)	Number of teachers enrolled in full-time post-graduate course in education (M.Ed./M.A.(Education)/M.Phil)			0
	(d)	Number of teachers enrolled in Ph.D. programme			4
	(e)	Number of teachers who participated in seminars/conferences/ workshops		1	2
	(f)	Number of papers published by the teachers		1	0
	(g)	Number of teachers who received professional recognition/ awards			0
20.	Land	I and Building	Υ	⁄es	No
	(a)	Institution functions from its own building		√	
	(b)	Institution functions from a rented building			✓
	(c)	Institution building is under construction			✓
	(d)	Institution building is shared for running another course(s)			✓
	(e)	Title of the land is on free-hold ownership basis		√	
	(f)	Title of the land is on long-lease as per law			✓
21.	Edu	cational Technology			
	(a)	Number of computers with supporting accessories		5	5
			Υ	⁄es	No
	(b)	Access to Internet		√	
	(c)	Number of hands - on experience hours provided to each student per week		0	1
	(d)	Number of education related CD-ROMs available	5	9	8
	(e)	Number of education related video-cassettes available		0	0
	(f)	Number of education related audio-cassettes available		0	0
			Υ	⁄es	No
	(g)	Website of the institution		✓	

	(h)	Availability of LCD projector	✓
		(i) Availability of OHP	✓
	(j)	Availability of TV	✓
	(k)	Availability of VCR	✓
		(I) Availability of public-address system	✓
22.	Libra	ary resources	
	(a) N	Number of books in the library	1 9 6 7 3
	(b) 1	Number of books added to the library during the preceding year	1 0 0
	(c) ⁻	Total Number of educational journals/periodicals being subscribed	3 2
	(d) [Number of encyclopaedia available in the library	5 0
	(e) 1	Number of books available in the reference section of the library	3 1 7 5
	(f) T	otal seating capacity in the library	7 5
23.		rts and Physical Education Resources tution has	Yes No
	(a)	Playground (football/hockey etc.)	✓
	(b)	Playground (football/hockey etc.) of another institution on sharing basis	✓
	(c)	Gymnasium/Multipurpose hall	✓
	(d)	Facilities for gymnasium	✓
	(e)	Facilities for athletics	✓
	(f)	Facilities for Health Education	✓
	(g)	Facilities for Anatomy Lab	✓
	(h)	Facilities for Physiology Lab	✓
24	•	anisation and Management tution is	Yes No
	(a)	Government owned	✓
	(a)	Aided	✓
	(b)	Unaided	✓
	(c)	University Department	

25.	(a)	Minimum emoluments (basic pay and allowances) paid to teachers on regular appointment is					5	5	8	6	0
	(b)	Minimum emoluments (basic pay and allowances) paid to teachers on adhoc service is									
	(c)	Minimum consolidated remuneration paid to teachers is									
	(d)	Per lecture honorarium paid to guest lecturers is									
										Yes	No
26.	(a)	Salaries are paid in cash								✓	
	(b)	Salaries are paid through account payee cheque									
										Yes	No
27.	(a)	Salaries are disbursed each month								✓	
	(b)	Teachers are paid salary for the vacation period Expenditure and Receipts								✓	
28.	(a)	Salaries paid to teaching staff during the preceding financial year	1	0	Ç)	9	1	0	8	7
	(b)	Salaries paid to non-teaching staff during the preceding financial year		4		1	0	5	5	0	3
	(c)	Amount spent on utilities during the preceding financial year			Ę	5	6	8	6	1	8
	(d)	Amount spent on purchase of books and journals for the library during the preceding financial year			[·	1	0	3	7	7	3
	(e)	Amount spent on purchase of equipment during the preceding financial year		1		5	5	5	1	1	7
	(f)	Amount spent on purchase of furniture during the preceding financial year					4	0	5	0	0
	(g)	Amount spent on capital expenditure during the preceding financial year			T -	1	0	1	1	7	8
	(h)	Amount spent on contingencies during the preceding financial year				1	9	3	6	1	1
29.	(a)	Amount carried forward from the previous financial year				·	·				
	(b)	Receipts from fees (tuition and all other fees) during the preceding financial year				2	6	3	2	7	7
	(c)	Receipts from donation during the preceding financial year				<u> </u>	-			<u> </u>	ــــــــــــــــــــــــــــــــــــــ
	(d)	Receipts from consultancies and extension programmes									
	(u)	during the preceding financial year									

	(e)	Amount of grants received from the governments during the preceding financial year	3	9	2	3	1	3	6		
	(f)	Income from investments during the preceding financial year									
30.	Exce	ess of expenditure over income							✓		
	Amo	unt of excess expenditure over income.		2	1	6	1	7	7		
31.		institutional accounts of the preceding financial year been audited	NA (Govt. Aided College)								
	Endo	owment fund and Reserve Fund		((Govt.	NA Aideo	l Coll	ege)			
32.	(a)	Amount of Endowment fund									
	(b)	Amount of Reserve fund									
	(c)	Endowment fund is maintained jointly with NCTE									
33.	Brief durir	ume of the institution appraisal of the overall performance of the institution g the preceding academic session and plans for e development may be given.		Α	uttach	ed					
	(Sigi	nature of the Head of the Institution/Principal)									
	(Sigi	nature of the Manager/Secretary of the Society/Trust)									

33. Resume of the institution

B.Ed. programme for the academic year 2015-17 began on 01-07-2015. Regular classes began on 6th July 2015. A total of 50 students joined the 2 year B.Ed. programme of the academic year 2015-17. At present we have a total of 49 students in the five optional subjects - 12 in English, 10 in Mathematics, 07 students in Natural Science, 10 in Physical Science and 10 in Social Science optional. The results of B.Ed. Degree examination 2014-15 is yet to be published by the University. Out of the total strength of 142 students in the B.Ed. Degree examination 2013-14, 24 got A+, 72 got A, 41 got B and 5 got C. Out of the 35 students who appeared for M.Ed. Degree Examination, 6 got A, 27 got B+ and 2 got B grade.

Major Activities

A group of 39 students with two teachers participated in a Nature Education Camp at Periyar Tiger Reserve, Kumily from 21st to 23rd May 2015 in collaboration with Forest Department, Government of Kerala. It was a wonderful experience for the students and staff involved. A study tour to Koorg and Mysore was held from 27th May 2015 to 31st May 2015

After semester break college reopened on 1st June 2015. Achievements of the faculty are always appreciated by the institution. A meeting was organized in the college for congratulating Dr. Shaiju Francis and Dr. Anne Mary Thomas for obtaining Ph.D. Degree in Education on 1st June, 2015. Dr. Varghese K. Cheriyanwas congratulated on his selection to the M.G. University Senate in a meeting held in the college auditorium on 9th June, 2015.

World Environmental Day was observed on 5th June 2015. Reflections on Nature Camp conducted during the month of May 2015 were held on the same day.International Yoga Day was celebrated on 26th June 2015. Dr. Tom Abraham delivered a talk on the "Importance of Yoga Education" on the day.

Demonstration lessons for 2014-15 batch were organised from 10th August 2015 onwards. Criticism lessons followed from 17th August 2015 onwards.

Upanayana ceremony for 2015-'17 batch was held on 6th July 2015. In this ceremony the Principal received the lighted candle from the manager and shared the light with faculty members and students. The orientation programme on curricular and co-curricular activities of the college for the two year B.Ed. batch of 2015-'17 was held from 6th July 2015 to 10th July 2015. During the programme students were introduced to the institution and its programmes with a view to help them reap maximum benefits out of it.

Aprogramme for commemorating Dr. A.P.J. Abdul Kalam was held in the college auditoriumon 30th July 2015. Dr. Varghese K. Cheriyan, Principal of the college addressed the gathering and students from different optional subjects made a power point presentation on the life and works of Dr. A. P. J. Abdul Kalam.

The two year B.Ed. & M.Ed. programmes were put into place from the academic year 2015-'16 onwards. All the faculty members of B.Ed. & M.Ed. were actively involved in the curriculum revision process of Mahatma Gandhi University. Workshops on revised two year B.Ed. curriculum for teacher educators of Mathematics, Physical Science, English,

Natural Science, and Core papers were held on 16-9-2015, 28-9-2015, 29-9-2015, 01-10-2015, 03-10-2015 respectively. Around 200 teacher educators from various training colleges under M. G. University participated in the workshops.

The integrated development of an individual is effected by imparting knowledge and skills and by moulding his personality by the teacher. Hence, teacher personality becomes crucial in the education and development of children. In order to transform our student teachers as mature, integrated and resourceful persons, programmes like self introduction, thought for the day, general assembly on Wednesdays, class-wise cultural activities, debates, seminars, study tours, community visits, celebration of festivals and events, observation of national days and events, arts day, sports, games and extension activities were organized in the college.

Independence Day was celebrated on 15th August 2015.On the day the college also commemorated the 50th Death Anniversary of the first Principal of the college, Fr Thomas William CMI. Dr. Cyriac Thomas Former Vice Chancellor, Mahatma Gandhi University, Kottayamdelivered the memorial speech. Onam Celebration was held on 21st August 2015. Prof. Mathew Ulakamthara, Retired Professor, Department of Malayalam, S.H. College, Thevara and veteran literary scholar was the chief guest of the day, After a handful of games and other spirited competitions, a sumptuous 'Onasadhya' was shared by all. The D.Ed.; B.Ed. & M.Ed. students actively participated in the celebrations.

Teachers Day was celebrated on 04th September 2015. Students took initiative to handle classes (both optional and general classes) in the forenoon session. A formal meeting was held in the afternoon where faculty was specially honoured.

A talk on "Cyber Crime and cyber ethics" was conducted on 17th November 2015. Mr. Sunil Kumar, Dy. S. P., Alappuzha was the resource person. With a view to equip our students with communicative skills in English, the college organized remedial classes in English. A remedial English programme for students was conducted on 18th November 2015 by Overseas English Academy, Kalady. Weekly classes led by the faculty were also arranged.

On 25th November, 2015, the college organized a Philately exhibition in association with Mr. Sebastian Mathew. Mr. Michael President, Ettumanoor Block Panchayath inaugurated the exhibition. Constitutional Day was celebrated on 26th November, 2015 in the college auditorium. The principal gave a message followed by a quiz competition organized by the students of Social Science batch. An exhibition on teaching aids prepared by our students was organized in the college on 27th November, 2015. Students from different schools visited the exhibition pavilions in the college and clarified their doubts.

A Two-day National Seminar on 'Converging Concepts in Research: Global Perspectives' in collaboration with Association of International Researchers of Indian Origin (AIRIO) was organized on 4th and 5th December 2015. Most Rev. Dr. Joseph Mar Thomas, Global President, AIRIO & Bishop of Sulthanbathery presided over the inaugural function. Dr. Cyriac Thomas, Former V.C., M.G. University & Member, Minority Education Commission inaugurated the seminar. Dr. Ajay S. Poddar, NAASA, USA, was the key speaker.

The Human Rights Day was observed on 10th December 2015 by conducting a rally in

which the students expressed their views on placards. On the occasion, Justice K.T. Thomas delivered a talk on Human Rights and Religious Freedom.

The Arts Fest was organized on 15th December 2015 with competitions in various arts and literary events. The students actively participated in the class-wise competitions. The Two year B.Ed. batch won the championship in the arts competitions. Ms. SwathyUdayappan and Ms. DhanyaZacharia shared the title of 'Kalathilakom' and Mr. Shamees P.P. was declared the 'Kalaprathibha'. Mr. Noble Mathew and Ms. Sariga Sunny shared the title of 'Sargaprathibha' for the literary competitions.

University Practical Examination for students of 2014-'15 batch was held from 6th January, 2016 to 9th January, 2016. Dr. SunilaThomas, Associate Professor, Titus II Teachers Training College, Tiruvalla was the Chairperson for the examination.

A workshop on Core Courses was held in association with AKTCTA on 16-01-2016 in the college. Teachers from almost all colleges under the University attended the event.

Prof. Pious Uzhakkal, Rtd Prof. St George College, Aruvithura gave a talk on Teaching Opportunities on 2-2-2016. He provided valuable information and practical guidance on ways and means to avail job opportunities at national and international levels. The talk was organised by the Career and Placement Cell of the college. Samavarthana Ceremony of 2014-'15 batch was also held on the day in the college auditorium.

College union election in parliamentary system was held on 2-1-2016. Oath taking of office bearers was held on 4-1-16. Inauguration of College union was held on 10-02-2016. Mrs. NishaJeby, Senior Correspondent, Manorama News, inaugurated the college union. The meeting was followed by a colourful cultural show by the students.

On 15th February, 2016, following the sad demise of the great Malayalam litterateur, Prof. O. N. V. Kurup, a programme for commemorating him was held in the college auditorium. Career and placement cell of the college, organized a talk on 'Excellent Teacher' by Prof. Tommy Cherian on 18-02-2016. Christmas was celebrated on 18-02-2016 was the chief guest on the occasion. Fr. Benny Thottanani C.M.I, Principal, K.E. College, Mannanam delivered the Christmas message. Christmas papa, Christmas carols, stars, cribs and cakes all invoked the jubilance of the festive season.

With a view to enhance the participation of students in the co-curricular activities, various clubs were formed in the beginning of the academic year itself. Representatives of different clubs were chosen from each optional class. A variety of activities were organized under the auspices of the various clubs functioning in the college viz., the Cultural Club, Debate Club, Literary Club, Nature & Tourism Club, Spiritual Animation Cell, Women's Cell, Film and Documentation Club and Social Service Club.

Under the auspices of the Spiritual Animation Cell inter religious readings from holy books were held as part of the college assembly. Inter religious prayermeetings were also regularly held during noon break. The Debate Club in the college functions with the aim of developing critical andreflective thinking in the students. With this aim every Wednesday, the club organized debates, on topics of current social relevance and every week selected one student as the best debater. The club ensured the active participation

of students from all optionalsubjects in the debates. Nature club continued with its projects like vermiculture, herbal garden, and vegetable garden. It also took efforts for campus beautification.

National Science Day was observed on February 29, 2016 by Students from Natural Science and Physical Science optional students. A talk on 'role of biochemistry in daily life' by Dr. Sandhya, C., Asst. professor, K.E. College, Mannanam, on 29th February 2016. As part of science day celebration, a science quiz was organized by members of science club.

As part of International Women's Day celebrations, the Women's Club of the college organized a talk on, 'Women Empowerment' by Dr. Mini Sebastian Associate Professor, Devamatha College, Kuravilangadu on March 8th 2016.

The vision of the institution is 'to nurture teachers who are globally competent, who shall promote democratic and spiritual values to create a just and humane society'. In keeping with its vision, the teacher education process in the institution is never complete without its social extension activities. The Social Extension Cell of the college took initiative to provide opportunities for students of the institutions to experience selfless social service. On 7th December 2015 students of different optional subjects visited various institutions as part of extension activities. Together they raised Rs.15000/- which was donated to the institutions they visited. They also donated clothes and staged entertainment programmes, conducted games and distributed sweets for the inmates.

The Placement cell in our college helps our out-going students to find job opportunities, in schools in and outside Kerala. Students can register their names with the cell and get information regarding job opportunities. Many of our students got appointment in various schools across the country through the placement cell. The club also organizes career talks for the benefit of the students.

In view of the significance of ICT in modern education, all the students in the college are given computer education. Free access to Internet through broadband is made available to students. The faculty members and M.Ed. students were given ID and passwords for searching through N-List of INFLIBNET. The College has installed optical fiber cable connection through NMEICT project for uninterrupted net connectivity.

An integral part of our curriculum is the practice teaching session for six weeks which provides the students with firsthand experience in the classroom situation. Students of 2014-15 batch were sent to 22 schools for their practice teaching from 16-09-2015 to 09-11-2015. Students of 2015-17 batch were sent to 10 schools for their practice teaching from 06-01-2016 to 7-01-2016. Peer observation, reflective journal writing, mentoring and school observation was undertaken during teaching practice as in previous years.

Our students won some credible achievements in various completions. Ms. Sneha Mathew won 3rd prize in the Light Music in All Kerala Inter collegiate Competitions held at St. John the Baptist's College of Education, Nedukunnam on 18th February 2016. Ms. Dhanya Zacharias won first prize for Elocution (English) competition and Ms. Sneha Mathew won 3rd prize in Light music completion in the 34th Silver Jubilee Memorial

Elocution and Light music completion held on 15th March 2016 at Titus II Teachers Training College, Tiruvalla. Our students also bagged a handful of prizes in the All Kerala Intercollegiate Sports Meet held by Labour India College of Education, Marangattupally.

As part of SUPW activities for 2015-17 students engaged themselves in embroidery, book making and campus cleaning. They understood the merit of groupwork and the dignity of labour through the activities.

The General Body Meeting of the PTA was convened on 6th July 2015. Mr. Jose Joseph was elected as the President and Mrs. AshlyTomy, as the Vice-president of the PTA. The schedule of B.Ed. course during the current academic year was discussed in the meeting. Parents assured their full support and co-operation for the smooth and effective functioning of the activities of the college.

The annual meet of FOSSA for the year 2015 was held on 12th December 2015. Mr. N.J. John President, FOSSA presided over the meeting. Former staff and students met and revived their old memories. Every year since our Golden Jubilee in 2007, we have specially invited and honoured our students who celebrate the golden and silver jubilee as the alumni of this college. This year, on March 12th 2016 the students of the 1965-66 batch were invited as golden jubilarians and students of the 1990-91 batch were invited as the silver jubilarians. Former teaching and administrative staff members also graced the occasion with much joy and care in their hearts. All the jubilarians were gifted with mementoes and certificates. The institution lended its ears to the aged wisdom of its golden jubilarians and to the multitudinal experiences of the silver jubilarians who are its flag bearers in myriad walks of life. The gathering came to an end with a sumptuous meal.

In order to help our students to solve their personal and educational problems, the college offers guidance and mentoring service. Fr. LejuThekkekalam is serving as the Councilor. Mentoring system was also utilized to help and support the wholistic development of each student.

The college undertakes programmes for the upliftment of SC/ST and minoritycategory students utilizing UGC grants. Hostel facilities are provided to the students. Boys are accommodated in the St. Joseph's hostel attached to the college and girls are accommodated in Pope John hostel and in Holy Family hostel.

An IQAC meeting was held on 02 -03-2016. The members met and discussed the future plans for the academic year.

Academic Activities of Faculty Members

Dr. VARGHESE K. CHERIYAN

Resource Person

Resource person at St. Thomas College of Teacher Education Pala for the research colloquium for finalizing M.Ed. dissertation titles on March 2^{nd} 2016

National Seminar on "Converging Concepts in Research: Global Perspectives" organized by AIRIO held at St. Joseph's Training College, Mannanam on 4th& 5th December 2015.

Expert in the Pre-submission Seminar of Ph. D. Candidate in Education held at Department of Education, University of Kerala on 30th November 2015.

UGC National Seminar on "Vision 2030: Contributions of Educational Researches on National Development" held at St.Thomas College of Teacher Education, Pala on 6^{th} & 7th August 2015.

Seminar/Workshop Participation

UGC National Seminar on "Mathematical Models and Methods in Applied Research" held at K.E. College, Mannanam on 19th, 20th& 21st November 2015.

Workshop for Principals organized by Principals Council of Kerala on 21st November 2015.

Participated in the two-day national level seminar organized by AIRIO in collaboration with St. Joseph's Training College, Mannanam on Converging Concepts in Research: Global perspectives held at St. Joseph's Training College, Mannanam on 4th and 5th December 2015.

Workshop on Revised two year B.Ed. Mathematics Curriculum 2015 held at St. Joseph's Training College, Mannanam on 16-09-2015.

Fr. Dr. THOMAS P.J.

Article published in Journals

Thomas P. J. & P. N. Suresh Kumar (2014). Academic challenges for children with ADHD: Policy implications for school based practice, *The Ground Builder: An Attempt to Recast Quality Education'*, 4, 1. (ISSN 2249-9911)

Paper Presentations in National Seminars

Presented a paper on 'Adult Attention Deficit Hyper Active Disorder: A review' in the Two day international symposium on Research innovation for Quality improvement in Higher Education held at Research and Development Centre , Bharathiyar University, Coimbatore, Tamilnadu on $10^{\mbox{th}}\&11^{\mbox{th}}$ November

Seminars Attended

Participated in the two-day national level seminar organized by AIRIO in collaboration with St. Joseph's Training College, Mannanam on Converging Concepts in Research: Global perspectives held at St. Joseph's Training College, Mannanam on 4th and 5th December 2015.

Workshop on core course (Edu 101, 201 & 401) of the Revised two year B.Ed. curriculum 2015 organized by AKTCTA held at St. Joseph's Training College, Mannanam on 3rd October 2015.

Dr. K. M. BENNY

Courses attended

Attended UGC sponsored refresher course in Human Rights conducted by UGC-HRDC, University of Kerala from 6.5.2015 to 26.5.2015.

Seminar attended

Participated in the two-day national level seminar organized by AIRIO in collaboration with St. Joseph's Training College, Mannanam on Converging Concepts in Research: Global perspectives held at St. Joseph's Training College, Mannanam on 4th and 5th December

2015.

Workshop on the Revised two year B.Ed. curriculum 2015 organized by AKTCTA held at St. Joseph's Training College, Mannanam on 3rd October 2015.

Dr. TESSY JOSEPH KALLARACKAL

Article published in Journals

Tessy Joseph Kallarakal& P. N. Suresh Kumar (2014). Suicidal ideation and perceived causes of suicide among adolescents: Building resilience and reasons for living as framework for prevention of suicidal behaviour, *The Ground Builder: An Attempt to Recast Quality Education'*, 4, 1. (ISSN 2249-9911)

Paper Presentations in National Seminars

Presented a paper on 'Suicidal Ideation and its correlates: A meta Analysis' in the Two day international symposium on Research innovation for Quality improvement in Higher Education held at Research and Development Centre , Bharathiyar University, Coimbatore, Tamilnadu on 10th&11th November

Seminars/Conferences/workshops attended

Participated in the two-day national level seminar organized by AIRIO in collaboration with St. Joseph's Training College, Mannanam on Converging Concepts in Research: Global perspectives held at St. Joseph's Training College, Mannanam on 4th and 5th December 2015.

Workshop on Revised two year B.Ed. Natural Science Curriculum 2015 held at St. Joseph's Training College, Mannanam on 1st October 2015.

Fr. Dr. SIBICHEN K.K.

Articles published

Sibichen K. K. (2014). Pro-active coping strategies and achievement motivation of higher secondary students. *The Ground Builder: An Attempt to Recast Quality Education'*, 4, 1. (ISSN 2249-9911)

Papers Published in the Proceedings of UGC sponsored National Seminars/Conferences

Presented a paper on "A study on techno-stress among prospective teachers in the digital era" in the UGC sponsored national seminar on "Revamping teacher education for the digital age learners-challenges and prospects" held at Mound Carmel College of Teacher Education for Women on 17th and 18th September 2015.

Resource Person

Acted as resource person in the UGC sponsored national seminar on "Role of Women in Sustainable Development" held at Mount Tabor Training College, Pathanapuramon $3^{\rm rd}$ and $4^{\rm th}$ March 2016

Acted as resource person in the UGC sponsored national seminar on "Revamping teacher education for the digital age learners-challenges and prospects" held at Mount Carmel College of Teacher Education for Women on 17th and 18th September 2015.

Acted as resource person for the training programme for teachers of Sanjo School, Their, Gurhwaldt., Uttarakhand, St. Joseph's Convent School, Faridabad, Holy Angel's Convent School, UP, St. Mary's School, Uttarakhand, St. Mary's Senior Secondary School, U.P., St. Theresa's School, Srinagar, St. Thomas School, U.P. from 13th June to 8th July 2015.

Seminars/Conferences/workshops attended

Participated in the two-day national level seminar organized by AIRIO in collaboration with St. Joseph's Training College, Mannanam on Converging Concepts in Research: Global perspectives held at St. Joseph's Training College, Mannanam on 4th and 5th December 2015.

Workshop on core course of the Revised two year B.Ed. curriculum 2015 organized by AKTCTA held at St. Joseph College of Teacher Education for Women, Ernakulam on 3rd October 2015.

Mrs. LATHA JOSEPH

Journal article published

Latha Joseph (2014). English and its syntax: Relevance for today's teacher. *The Ground Builder: An Attempt to Recast Quality Education'*, 4, 1. (ISSN 2249-9911)

Seminars/Conferences/workshops attended

Participated in the two-day national level seminar organized by AIRIO in collaboration with St. Joseph's Training College, Mannanam on Converging Concepts in Research: Global perspectives held at St. Joseph's Training College, Mannanam on 4th and 5th December 2015.

Workshop on Revised two year B.Ed. English Education Curriculum 2015 held at St. Joseph's Training College, Mannanam on 29th September 2015.

Dr. SHAIJU FRANCIS

Seminars/Conferences/workshops attended

Participated in the two-day national level seminar organized by AIRIO in collaboration with St. Joseph's Training College, Mannanam on Converging Concepts in Research: Global perspectives held at St. Joseph's Training College, Mannanam on 4th and 5th December 2015.

Workshop on Revised two year B.Ed. Social Science Curriculum 2015 held at SN Training College, Muvattupuzha on 7-10-2015.

Mrs. RONU THOMAS

Journal article published

Ronu Thomas (2014). Children at risk of Juvenile delinquency and learning disability. *The Ground Builder: An Attempt to Recast Quality Education'*, **4**, 1. (ISSN 2249-9911)

Paper presented

Presented a paper titled' An introduction about sports psychology' in a UGC sponsored national level seminar on promoting wellness and fitness among educators' held at Mount Carmel College of Teacher Education for Women, Kottayam on 10th 11th March 2016

Courses attended

Attended UGC sponsored refresher course in Human Rights conducted by UGC-HRDC, University of Kerala from 6.5.2015 to 26.5.2015.

Seminar Attended

Workshop on Revised two year B.Ed. Physical Science Curriculum 2015 held at St. Joseph's Training College, Mannanam on 28-09-2015.

Dr. ANISHA V. GOPALAKRISHNAN

Journal article published

Anisha V. Gopalakrishnan (2014). A study on social intelligence and life skills of secondary school students. *The Ground Builder: An Attempt to Recast Quality Education'*, 4, 1. (ISSN 2249-9911)

Courses attended

Attended UGC sponsored refresher course in Environmental sciences conducted by UGC-HRDC, University of Kerala from 05.01.2016 to 25.01.2016.

Seminars/Conferences/workshops attended

Participated in the two-day national level seminar organized by AIRIO in collaboration with St. Joseph's Training College, Mannanam on Converging Concepts in Research: Global perspectives held at St. Joseph's Training College, Mannanam on 4th and 5th December 2015.

Workshop on Revised two year B.Ed. Natural Science Curriculum 2015 held at St. Joseph's Training College, Mannanam on 1st October 2015.

UGC National Seminar on "Ecopsychology: A synergetic Interplay between Planetary and Personalm Well-being" held at St. Joseph's College of Teacher Education, Ernakulam on 2nd& 3rd November 2015.

Mrs. SUNITHA SUSAN JOSE

Courses attended

Attended UGC sponsored refresher course in Human Rights conducted by UGC-HRDC, University of Kerala from 6.5.2015 to 26.5.2015.

Seminar attended

Participated in the two-day national level seminar organized by AIRIO in collaboration with St. Joseph's Training College, Mannanam on Converging Concepts in Research: Global perspectives held at St. Joseph's Training College, Mannanam on 4th and 5th December 2015.

Mrs. PRAVEENA GOPINATH

Article published

PraveenaGopinath&Anu Joy (2014). Exposure to media and emotional maturity of higher secondary school students. *The Ground Builder: An Attempt to Recast Quality Education'*, 4, 1. (ISSN 2249-9911)

Courses attended

Attended UGC sponsored refresher course in Human Rights conducted by UGC-HRDC, University of Kerala from 6.5.2015 to 26.5.2015.

Seminar attended

Participated in the two-day national level seminar organized by AIRIO in collaboration with St. Joseph's Training College, Mannanam on Converging Concepts in Research: Global perspectives held at St. Joseph's Training College, Mannanam on 4th and 5th December 2015.

Workshop on Revised two year B.Ed. Mathematics Curriculum 2015 held at St. Joseph's

Training College, Mannanam on 16-09-2015.

UGC sponsored National seminar on Mathematical models and methods in Applied Sciences conducted at K.E. College, Mannanam from 19th to 21st November 2015.

Dr. JISHA BABY

Journal article published

Jisha Baby (2014). Influence of cognitive styles on the learning strategies of higher secondary students. *The Ground Builder: An Attempt to Recast Quality Education'*, 4, 1. (ISSN 2249-9911)

Seminars/Conferences/workshops attended

Participated in the two-day national level seminar organized by AIRIO in collaboration with St. Joseph's Training College, Mannanam on Converging Concepts in Research: Global perspectives held at St. Joseph's Training College, Mannanam on 4th and 5th December 2015.

Workshop on Revised two year B.Ed. Physical Science Curriculum 2015 held at St. Joseph's Training College, Mannanam on 28-09-2015.

FUTURE PLANS

The governing body and IQAC of the institution chalked out a plan of action for its future development in terms of academics, infrastructure and learning resources. The major schemes proposed to be undertaken are listed below.

The college plans to utilize the grants from UGC to improve its teaching learning resources; arrange invited lectures and talks of eminent teachers; scientists and social workers; conduct bridge course wherever required, encourage innovative practices in teaching-learning process; take initiatives for examination reform; and encourage and help the non teaching staff and students to achieve total computer literacy. The college also plans to collaborate with different vocational centers like printing press, statue making centre, artists, in the locality to enhance the SUPW by the students. The college has applied for M.Phil. Course in Education and for setting up an advanced research centre in Education to improve research.

It has been decided to depute as many faculty members as possible to participate in the orientation, faculty improvement programmes, seminars, workshops and other staff development programmes. The college has also planned to strengthen the library by digitalization and by increasing the number of books and subscribed journals. Utilizing UGC grants, the college also plans to complete computerization of the college office. It has been decided for the Ex-situ conservation of rare and threatened endemic plants and maintain the campus naturally beautiful and Eco-Friendly.

The college has undertaken the construction of an Indoor stadium with UGC funds. A retaining wall in the backyard is also under construction. Furnishing an extension centre, and rooms for indoor games and providing additional toilet facilities, and technological up gradation and better facilities in the student's common room are all under consideration by the college management. Renovation of the computer lab is also underconsideration.

The college aims at extension of services of the Guidance and Counselling Cell to the neighbouring community, organizing science awareness programme for high school students, continuing the free tuition programme for the poor students. The college plans to strengthen the Alumni association activities. It aims to identify our resourceful Alumni and utilize their expertise to improve the quality of our students. It also aims to utilize them to act as a bridge between the institution and the education sector. The college also wishes to strengthen the community services by starting free consultancy on environmental related problems such as plastic pollution and solid waste management, water pollution, water management and solar energy utilization and continue the community extension activities like mushroom cultivation, vermiculture, herbal garden, vegetable garden and Butterfly Park. It plans to undertake a road beautification programme in its neighbourhood. The college has also plans to adopt some of the neighbouring villages and launch innovative educational programs and healthcare schemes to improve their quality of life.

(Signature of the Head of the Institution/Principal)

(Signature of the Manager/Secretary of the Society/Trust)